

## bor News Friend

Advent Christian Village, Dowling Park, FL 32064

"Where People Enjoy Living"

24/7/365 Assistance/Opera Cashier's Office Copeland Medical Finance Department	658-5343 658-5300 658-5450	Housekeeping Environmental Svcs. Post Office Security/Emergency	658-5374 658-5155 658-5270 658-3333
Home Care	658-5460	Shuttle Bus	208-2584

## **JULY 19, 2024**

Friday	7/19	<b>8:45 &amp; 9:00 a.m.</b> 9:00 a.m.—12:00 noon <i>10:00 a.m.</i> 2:00 p.m.	Bus Trip: Valdosta Shopping—DH & LAP Veterans' Service—MS Bible Study—VC Room 5 Sit 'N Stitch—CH
Sunday	7/21	<i>9:40 a.m.</i> <i>11:00 a.m.</i> 2:00 p.m.	Morning Worship Service—VC VCBI: How Can I Accurately Interpret NT Books?—OPR Coloring Book Time of Fellowship—DH Lobby
Monday	7/22	1:30 p.m. 2:00-4:00 p.m.	VCBI: Understanding 1 Corinthians—VC Room 5 Ceramics—PCS
Tuesday	7/23	8:30 a.m. 3:45 & 4:00 p.m.	Men's Bible Study—VC Room 5  Bus Trip: Dine-Out to Roy's Restaurant—DH & LAP
Wednesday	7/24	9:00-11:00 a.m. 1:00 p.m. 1:15 & 1:30 p.m. 6:00 p.m.	Ceramics—PCS Bridge Club—OPR Bus Trip: Walmart—CH & DH Prayer Meeting—BC
Thursday	7/25	There is no Dementia Su 9:30 a.m12:30 p.m.	
Friday	7/26	9:00 a.m.—12:00 noon 10:00 a.m. 2:00 p.m.	Veterans' Service—MS  Bible Study—VC Room 5  Sit 'N Stitch—CH

ACV	Advent Christian Village	CT/MT	Cardinal/Magnolia Terrace	IC	Information Center	POP	Park of the Pines
BA	Butterfield Acres	DH	Dowling House	JKPL	Jo Kennon Public Library	RDR	Rumph Dining Room
BC	Bixler Chapel	DM	Dacier Manor	KC	Keepers Cottage	SRV	Smith Riverview Apartments
CB	Chriss Building	DMA	Dowling Manor	LAP	Lakė Aquilla Parking Lot	RW	Riverwoods .
CH	Carter House	DR	Depot Room	MS	Member Services	SMR	Sawmill Room
CCC	Copeland Community Center	ET	Edgewood Terrace	OPR	Old Pavilion Room	VC	Village Church
CMC	Copeland Medical Center	GSC	Good Samaritan Center	PCS	Polk Ceramics Shop	VS	Village Square
I							

**BOLD: ONE-TIME AND MONTHLY EVENTS** — ITALIC: PROGRAMS FOR SPIRITUAL GROWTH

#### IN LOVING MEMORY

Patricia Northup (wife of Stanley Hall), who was a resident of GSC, died on July 11. She will be remembered at the GSC memorial service on Wednesday, Aug. 14, at 10:00 a.m. in the Magnolia Dining Room.

Sandra Kelly (wife of Herschel), who was a resident of ET, died July 1. Her memorial service will be Monday, July 29, at 11:00 a.m., at Tallahassee Heights Methodist Church, 3004 Mahan Dr., Tallahassee, FL 32308.

#### **NEW MEMBERS**

David Hill and Shelley Duncan have moved to SRV.

#### **MOVE OUT**

Donald & Elizabeth Noel have moved from RW. Their new mailing address is 6141 NW 31st. Cir., Jennings, FL 32053.

#### **ANNOUNCEMENTS**

#### Darleen's Corner

#### THE HIGH COST OF LIVING!

Everywhere you go, prices have skyrocketed grocery stores, restaurants ... even the dollar store. At ACV, we are keenly aware that this has a profound impact on many seniors, especially those on fixed incomes. If that's the case, then why do ACV's fees keep increasing, and why do you keep getting letters from us asking you

First, rest assured that decisions to increase fees are never made lightly. ACV leadership strives to avoid overburdening members while also covering the costs

to operate this community.

If you research other retirement communities that offer the range of services available here, you'll find that ACV is unique in several ways. One significant difference is how we handle pricing. Most comprehensive retirement communities are called (Continuing Care Retirement Communities). These communities charge their members large entrance fees up front to cover their costs. According to AARP, the average entrance fee is \$402,000 — and after move-in, additional monthly fees often equal as much as ACV's rents. ACV is different.

While ACV provides many of the same services, care, activities and amenities, we are not a CCRC. We want to serve people across the economic spectrum in Dowling Park, so we choose not to charge entrance fees. Every effort is made to keep other costs as reasonable as possible, while still providing a safe,

quality environment.

In many CCRCs, residents who exhaust their financial resources no longer have access to services, activities and amenities, or they may be asked to leave the community altogether. At ACV, members who outlive their resources continue to have access to all services and amenities through help from the Benevolent Fund. Many people are helped each month, privately, behind the scenes. This is made possible through donor support. (More on this in a minute.)

ACV's leadership is sympathetic to the fact that in today's economy it is becoming increasingly difficult for members to stretch a dollar. The same is true for ACV. We also face the mounting cost of food, supplies and services. Minimum wage increases mandated by the 2020 vote have already cost ACV millions — with another mandated increase coming Sept. 30. Just as a family must deal with the rising cost of living by making adjustments, so also does ACV. Therefore, it has been necessary for ACV to pass along a portion of the rising costs to members. Those who are struggling to make ends meet are encouraged to discuss options with their service coordinator.

ACV's ministry is addressing needs in Christ's name, primarily through the Benevolent Fund. Therefore, we do invite people across the country — along with ACV members — to give, as they are able. The support offered is a tremendous blessing and makes many good things happen. However, if you are unable to give, there are still wonderful ways to support ACV

that help reduce the need for fee increases.

When you use ACV's services (such as home care, rehab, the clinic, housekeeping, the Village Grocer, dining services, Village shops, etc.) instead of going to businesses outside the community, you generate revenue for ACV. This helps lower the need to increase fees

In addition, when you volunteer, you reduce the need to hire additional staff, and you lighten the load for existing staff members. The need for volunteers is great, especially in summer. Consider stopping by MS to ask where you can help.

Finally, it cannot be overstated that those who pray for this ministry, its leaders, and staff members are

a great blessing.

Thank you for the ways you support ACV! Darleen Hinrichs, Sr. Dir. for Resource Development

#### **ACV EVENTS**



## **BUS TRIP: VALDOSTA SHOPPING**

Friday, July 19 8:45 a.m. - DH & 9:00 a.m. - LAP

Bus: \$8.00 members, \$14 non-members
The trip bus will be going to Valdosta to visit the mall and surrounding shopping centers on Friday, July 19.
The bus will leave from DH at 8:45 a.m. and from LAP at 9:00 a.m. Lunch will be Dutch treat at a Valdosta restaurant. Bus fee: \$8.00 for ACV members and \$14 for non-members. Sign up at the IC.

> **BUS TRIP: DINE-OUT TO** ROY'S RESTAURANT

Tuesday, July 23 3:45 p.m. - DH & 4:00 p.m. - Lake Aquilla Bus: \$8.00 members, \$14 non-members 3:45 p.m.

Tuesday, July 23, the trip bus will be going to Roy's Restaurant in Steinhatchee, Florida. Roy's Restaurant is located on the banks of the Steinhatchee River overlooking the Gulf of Mexico. They serve salads, sandwiches, seafood and steaks ranging from \$7.00 to \$36. They also advertise an \$8.99 salad bar. Bus cost is \$8.00 for members and \$14 for non-members. Please sign up at the IC sign up at the IC.

## BUS TRIP: 5TH WEDNESDAY LIVE OAK SHOPPING

Wednesday, July 31
8:45 a.m. - DH & 9:00 a.m. - LAP
Bus: members free, \$9.00 non-members
On July 31, the fifth Wednesday of July, we will start

the day at the Old General Store in Branford, and then will visit various stores around Live Oak such as Dollar Store, Sheriffs Ranches Thrift Store, Melody Thrift Store and New Life Bible Book Store, lunch at Live Oak Sub Shop for a salad or sandwich, South Oaks Square (Big Lots, Bealls Outlet, Farmers Furniture, and more), and the Save A Lot shopping center (Roses Express, Harbor Freight, and more). The bus will leave from DH at 8:45 a.m. and from Lake Aquilla at 9:00 a.m. Bus fee is free for ACV members and \$9.00 for non-members. Please sign up at the IC.

## SUWANNEE COUNTY TAX COLLECTOR Thursday, August 1, 9:00 a.m.-3:00 p.m. - VS

Closed 12:00–1:00 for lunch
Staff from the Suwannee County Tax Collector's office including Suwannee County Tax Collector Sharon Jordan are normally in the VS professional offices on the first Thursday of each month from 9:00 a.m. to 3:00 p.m. (closed from 12:00 to 1:00 for lunch). This sension will enable you to purchase automobile tags and service will enable you to purchase automobile tags and pay your property taxes. For more information, please contact the Tax Collector's office at 362-2816, or you may visit their website at suwtax.com.

## 2024-25 LIVE! AT DOWLING PARK ARTIST SERIES PRESENTATION Friday, Aug. 2, 3:00 p.m. - SMR



It's time to announce the next season of ACV's Live! at Dowling Park artist series. Join us Friday, Aug. 2, at 3:00 p.m. in SMR to hear about the performances scheduled for the 2024-25 season. Season passes will be for sale at the event (cash and check only). Season passes and individual tickets will be for sale at the Village Cashier's office beginning Monday, Aug. 5. ACV's season passes are also accepted (at no

extra charge) at all of the Lake City artist series performances.



## **EVENTS HERE AND THERE**

Events in this section are not sponsored by ACV, even if they take place at ACV.

VOCAL CONCERT Friday, July 19, 7:00 p.m. - Cancelled Due to unforeseen circumstances the concert has been cancelled for Friday, July 19. Stay tuned to the FNN for a rescheduled date.

#### **DEMENTIA SUPPORT GROUP** NOTE: There will not be a July meeting -**JKPL**

Being a caregiver for a loved one with dementia can be a huge commitment and come with many struggles. Come meet, share and listen to others that share the

same challenges.

This support group is held the fourth Thursday of every month at 1:30 p.m. at the JKPL. The next meeting is scheduled for Thursday, August 22. For more information please contact GSC's Ginger Calhoun at 658-5594.



#### **JO KENNON PUBLIC LIBRARY** 386-658-2670

Website: srrlib.org Email: dpark@neflin.org Mon., Wed.-Fri. 9:00 a.m.-5:30 p.m.
Tuesday 9:00 a.m.-7:00 p.m.
Saturday 9:00 a.m.-1:00 p.m.
Closed Sunday

**Guess How Many...** 

Stop in and guess how many animal crackers are in the container. You can enter once per day through the end of the summer reading program on July 27. The winner

will receive a prize basket filled with goodies!

Monday Morning Yoga

If you are searching for a low-impact exercise program designed to strengthen your joints and muscles and improve flexibility and posture, join us on Mondays for the perfect workout. The 9:00 a.m. yoga/stretching class has spots available for those who wish to join. The 10:00 a.m. class remains at capacity but does have a waitlist. The DVD-led class by Jane Adams will get your muscles warmed up and ready for the day. Space is limited, so call or come by and reserve your spot today.

**Hot Topics: Search for Solutions** The struggle for pollution control has been going on for decades. Whether you research our air, land, or water, it has become obvious that changes need to occur to improve the situation. On July 25, at 10:00 a.m. bring your ideas to the table and discuss the best ways to get a handle on pollution reduction and waste management. Let your voice be heard in a group that tackles the hard subjects that face our nation!

As the Page Turns Book Club

The August book club books are here and ready to entertain! Diane and David Munson combine their life experiences as a former Federal Prosecutor (Diane) and former Federal Agent to write legal thrillers that have an authenticity rarely achieved in the genre. Choose any of the books written by this dynamic duo, and be ready for the discussion on August 1, at 2:00 p.m.

A Visit to Spain and Portugal

Take a virtual tour of Spain and Portugal with Wayne Casey on Friday, July 19, at 10:00 a.m. Look through Wayne's lens at the beautiful locations he traveled to on his 15-day trip through these countries, visiting historic sites and enjoying the culture and people. Take a journey without the stress of planning, just sit back and

savor the stories and scenery.

Summer Program Fun at the JKPL

The Summer Reading Program is coming to a close. The final day to enter the drawings or make a guess is July

Thank you to all who have participated! 27. Thank you to all who have participated!

In addition to our regular programs, this summer join us for fun on:

Mondays, 1:00 p.m.: Tweens Fantasy Book Club

- Wednesdays, 9:00–10:00 a.m.: Adventure at Your Library: ages 9 and under
- Wednesdays, 2:00–3:00 p.m.: Ten-2-Teens Club: ages 10-16 years
- **Fridays,** 3:00–5:00 p.m.: Adventure Movie: all ages. Includes free popcorn and a drink!

#### Summer Fun for Adults

Summer reading brings adult-size fun!

- Track your reading each week for an entry into the drawing for one of two \$20 Dollar General gift cards!
- Summer Reading Bingo Pick up your BINGO board and read, read, read. Small prizes will be awarded for each BINGO, and the completed ninesquare board will earn an entry into a drawing for a
- gift certificate to a local business.
  "Guess How Many" game! Beginning on Monday,
  June 17, come by and guess how many animal crackers are in the container. The winner will be announced at the end of June.

While you are here, stay a while and relax in the air conditioning and read, work on a puzzle, or color our

summer poster

Friday Movie: Europe's Most Wanted
This Friday, July 19, we once again join our lost zoo
animals on an escapade through Europe that is filled with adventure and fun. Alex, Gloria, Marty, Melvin, and the rest of the previous pals are on the run and decide to hide in plain sight with a traveling circus. You won't want to miss this funny third installment of entertaining animal antics! Every Friday this summer, beginning at 3:00 p.m., we will show a movie and provide free popcorn and a drink. The shuttle bus service ends at 4:00 p.m., please have alternative transportation arrangements

**Just A Small Collection of Words** 

"Life is not measured by the breaths we take, but by the moments that take our breath away." Maya Angelou

Starbooks Café Topic What are some of your favorite childhood memories?

#### Weekly JKPL Meetings:

Starbooks Café 9:30 a.m. Tuesdays 3:00 p.m. 10:00 a.m. Crochet Creations Thursdays **Hot Topics** 2nd & 4th Thurs. Kids Corner 11:00 a.m. Saturdays



## **BUS TRIPS**

If you wish to ride the ACV bus on these trips, you must contact the IC in person or by phone at 658-3333 to sign up. Please be considerate of those who have allergies and limit your use of perfumes, aftershaves, and colognes when riding the bus.

#### WEEKLY LIVE OAK SHOPPING TRIPS

There is no charge for Village members to participate in the regular weekly Live Oak shopping trips. If you have questions, call MS at 658-5400.

Please remember to bring your own bags on the Wednesday shopping trips to assist in keeping every-

one's purchases separate.

Those who signed up for the previous week's trip will be put on the waiting list. If seats remain available, those on the waiting list will be added to the regular list as long as there is room.

- July 24 afternoon Walmart only Leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from Walmart at approximately 3:45 p.m. and return to the Village at 4:30.
- July 31, Wednesday Fifth Wednesday Shopping in Live Oak.
- August 7 morning Walmart only Leave CH at 8:45 a.m. and DH at 9:00 a.m. Leave from Walmart at approximately 11:15 a.m. and return to the Village at noon.

#### **UPCOMING BUS TRIPS**

July 19 — Valdosta Shopping July 23 — Dine-Out to Roy's in Steinhatchee, Florida July 31 — 5th Wednesday Shopping in Live Oak

## **DEPARTMENT NEWS**

THE VILLAGE CHURCH Rev. Sam Worley, Senior Minister Church Office - 658-5344 - P.O. Box 4314

**SERMON:** "God Knows

**TEXT:** John 1:43-47 NIV '84; Psalm 139:1-6 NIV '84 **SPEAKER:** Rev. Sam Worley

The following VC events are happening this week:

Friday, July 19

10:00 a.m. — Bible Study, Tom Spannagle (VC Room 5)

Sunday, July 21

9:40 a.m. — Morning Worship (VC) 11:00 a.m. — VCBI: How Can I Accurately Interpret NT Books?, Tom Spannagle (OPR)

**Monday, July 22** 1:30 p.m. — VCBI: 1 Corinthians 13–16, Donald Wrigley (VC Room 5)

**Tuesday, July 23** 8:30 a.m. — Men's Bible Study (VC Room 5)

**Wednesday, July 24** 6:00 p.m. — Prayer Meeting (BC)

Friday, July 26

10:00 a.m. — Bible Study, Donald Wrigley (VC Room 5)

CONFERENCE AND RETREAT
Doug Mabey—386-658-5200
We are sorry but there will be NO Open Swim time next
week as our lifeguard will be on vacation. Open Swim
will resume the week of July 20 will resume the week of July 29.

It is camp season again. If you are accustomed to traveling through Camp Suwannee, please refrain from doing so until Friday, Aug. 2.

> MEMBER SERVICES James Sutter-386-658-5400

I'm excited to announce the lineup for the upcoming 2024-25 season of Live! at Dowling Park on Friday, Aug. 2, at 3:00 p.m. in the SMR. If you're interested in hearing which acts are participating, please plan to attend. We will have brochures, season passes will be for sale, and I will introduce the participants with a slideshow.

**Member Services Tip of the Week** 

Did you know ACV has an Obituary Line? The phone number is 208-1772 and is listed on the first page of the Village Telephone Directory. In the case of the death of an ACV Member, once the information is verified, a voicemail message is recorded and can be accessed by calling that number.

**July Member Birthday Party**Once again, SMR/DR was the scene for the monthly member birthday party. We were entertained with flute and piano music by Mary Jane Sutter and Traci Nissley,



#### **LUNCH & DINNER SPECIALS**

Friday, July 19

Spaghetti Bolognese with Garlic Bread \$16.95

**Saturday, July 20**Pulled BBQ Pork with Macaroni and Cheese and Cornbread \$17.95

summer time word search, and trivia. It was a good time of fellowshipping together. A delightful cake with strawberry icing in the middle and refreshing ice cream were served.

We were blessed to have 12 persons with July birthdays, and a total of 65 in attendance. Six guests won door prizes: Doug Nichols, Donna Carbaugh, Ron Capallia, Betty Ulitsch, Lynn Richmond, and Patricia Powell. The oldest birthday guest was Ruth Zehren, and the youngest was Kathy Bochow. Both received a fresh fruit basket prepared by the Village Grocer.

We appreciate the assistance of ACV's Dining Services and Housekeeping departments, and our

faithful volunteers.

Scam Tip of the Week:

Third-Party Mail Providers
Imposters pose as individuals on dating sites, social media sites, or even in person in an attempt to connect with potential victims. These imposters may convince would-be victims that they have similar interests, run in similar social circles, have compatible values and goals, or otherwise attempt to forge an emotional connection. Once the imposter has formed a connection with an individual, they claim they need money urgently to cover an emergency, deal with a family situation, take advantage of a business opportunity, recover from theft or a stolen identity, or to travel to meet them. Be wary of sending funds to a new friend or romantic interest. Prior to sending money, signing over property or providing gifts to a new friend, consult a financial advisor, attorney, or a trusted friend or family member.

If you believe you are the victim of a scam, file a s

complaint with the Attorney General's Office online at www.myfloridalegal.com or by phone at 1-866-9-NO-SCAM. You may also file a complaint with the Florida Department of Agriculture and Consumer Services, which acts as the State's consumer complaint. house, at www.floridaconsumerhelp.com. (Source: The

Florida Attorney General's Office)

## **ACV ACTIVITY NEWS**

**BRIDGE CLUB** 

**Dottie Stone, Reporter**The Bridge Club meets on Wednesdays at 1:00 p.m. in the OPR. If you would like to play, please call me at (352) 316-5161 or Betsey Ruehl at 658-1766 by noon on Monday.

Congratulations to our July 10 winners: 1st high,

Betsey Ruehl, and 2nd high, Jim Varnell.

**VILLAGE LIBRARY** Monday-Friday 10:00 a.m.-12:00 noon & 1:00-3:00 p.m.

Brenda Reas, Reporter
We have an audiobook section, paperback rack, and many movies and TV series on DVD for check-out. Magazines can be borrowed without being checked out;

just return them when you finish looking at them.

Please have your ACV ID badge available when you come to check out books and DVDs. We are located in the Schoolhouse Room between the OPR and IC. Our drop box is located around the corner across from the restrooms (beneath the bulletin board), and you may return books and DVDs there at any time.

**PEN PAL PROGRAM** A Committee of the Membership Association

Monica Serlick, Reporter
Mark your calendar: There will be a meeting of all pen pals on Friday, Aug. 2, at 1:30 p.m. in the OPR (next to the Lopin' Gopher). Please try to attend, and notify me if you cannot make it. We will be sharing ideas for the upcoming year.

If you would like to be a pen pal, feel free to come to this meeting and get involved with a great group of folks and kids. Please contact me at (386) 330-

4865 and leave a message. I will call you back. "Every child deserves a champion — an adult

who understands the power of connection and insists

that they become the best they can possibly be" (Rita Pierson).

> STEPHEN MINISTRIES Robin Copeland, Reporter

"So we fasted and petitioned our God about this, and he answered our prayer" (Ezra 8:23).

Selecting Stephen Ministers is the next step for our organization's Stephen Ministry. Right now we are praying for wisdom in selecting the individuals God is calling to serve as caregivers. Please include this need in your prayers. God answers our prayers because he is faithful. For more information about Stephen Ministry, contact ACV Stephen Ministries at 658-5378.

## **NEIGHBORHOOD NEWS**

**BUTTERFIELD ACRES** Jack "CrackerJack" Dixon, Reporter

When I was a child, I spoke as a child, I understood as a child, and I thought as a child. When I became a man, I put away childish things. For now we see in a mirror, dimly, but then face to face. Now I know in part, but then I shall know just as I also am known. And now abide faith, hope, love, these three; but the greatest of these is Love. 1 Corinthians1: 11 – 13 (MKJV)

In today's world, considering what has just happened to Trump (and America) our prayer must be for forgiveness and the abundant pouring out of God's love over our great nation. Do not be discouraged for we know He is in charge. Please do not dwell on what could have been but rejoice and be thankful that Trump

is still alive and still going strong.

I have mentioned in the past that I think we need an organized "Neighborhood Watch" program in need an organized "Neighborhood Watch" program in BA. I have taken the liberty to contact our Sherriff Sam St. John and he was very receptive. He is putting me in touch with his deputy that heads that department and I will be working with him. Once we get organized, the deputy will meet with us (probably at the Harmony House) for about an hour meeting to speak on the program. What I am excited about is they will install signs in our neighborhood at no cost to us.

Back in the 60's you remember when Bob Dylan wrote and sang "The times they are a-changing"? Well it wasn't any truer then than it is today! Some in the neighborhood have said we are doing a good job looking out for each other now, what do we need that for? Because "The times they are a-changin" that's why. Did you know in the last month we have had two reports of peeping toms at two different ladies homes at night? We all need to work on this concept together to keep this a safe place to live. I really appreciate your support in this endeavor. I will keep you posted as to when and where things will start to happen.

Our birthday list still only consists of Phil Seiden who will turn another year older on July 31. Hang in there Phil as we wish you many more happy birthdays

to come.

It grieves me to report that Pat (Hall) Northup has passed away recently. Keep watching the FNN for details on her services and lift Stan and her boys and

family up in your prayers please.

Many Garden Club members will miss Sandra Kelly, a true dedicated gardener and leader as the past President of the Garden Club. She passed away recently and her services are to be in Tallahassee on Monday, July 29, at the Tallassee Heights Methodist Church located at 3004 Mahan Dr. 32303 in Tallahassee. There

#### **A!ert Suwannee**

Use the QR code to sign up for weather alerts, traffic alerts, and more from Suwannee County. You choose what you hear about through phone call, text message, and/or email message. Or visit member.everbridge.net/892807736725570/login



are plans to take the Village Bus if enough folks sign up. So contact the IC to sign up and pay. We need as many as we can get to take the bus and honor Sandra and Herschel.

No funnies today, as this report has already gone over my limit. Please remember our President elect and our Great Nation in your prayers and never forget who is in charge. Isiah 40:28–31. God Bless!

**CARTER HOUSE** 

**Monica Serlick, Reporter**We have no anniversaries or birthdays coming up this week but we will have a couple to announce in the next

If you have any news you would like to share with others, please call and give me details. Please continue to keep all those who are ill, recovering or

struggling in your thoughts and prayers.

The safety of residents living here is of great importance to everyone. This is one of the reasons so many live here at ACV. A recent incident requires this reminder to everyone: If you are using any of the side doors at any time, to go in or out of the building, make sure that you pull the door completely shut until it locks. Never leave the doors propped open! Remember to keep your door access keys with you whenever you leave the building. This will keep residents safe from strangers or vandals having access to the building.

Remember to keep your apartment doors locked.
Facebook memories is a great tool to retain posts that are interesting. I came across such a post recently and thought I would share it with you. Originally posted by Terein Shinaul it was a reminder as I dealt with the loss of a family member last week. "You came naked, You will go naked. You arrived weak, You will leave weak. You came without money and things, You will leave even without money and things. Your first bath? Someone washed you, Your last bath? Someone will wash you. This is Life!!! So why so much malice, so much appearance or much appearance or much appearance or much appearance or much appearance. much envy, so much hate, so much resentment and so much selfishness? BE KIND to everyone and do good deeds. We have limited time on Earth, don't waste it in uselessness.

Remember to be respectful of other residents and visitors. Please do not confront anyone if you think they are violating any of ACV's rules or policies. If you see anything that you believe is out of the ordinary or inappropriate, please contact the IC at 658-3333 and report it. They will ensure someone is sent to check things out. This is your home; IF YOU SEE SOMETHING, SAY SOMETHING!

**DOWLING HOUSE** 

Patricia-Adele Lyons, Reporter "Thanks be to God, Who always leads us in triumph in

Christ, and through us spreads the fragrance of the knowledge of God everywhere." (2 Corinthians 2:14)

Good morning ACV! We have one celebration left in July, and that's Luba Kurnosova who has her birthday on the 20th. We pray you have a blessed and

happy birthday, Luba.

I'd like to give a shout out to two maintenance employees, Tim Portbury and Bob McCarthy. Both are kind, respectful, detail oriented, good sense of humor, and they get the job done right every time. Tim hung some pictures and a mirror for Scarlett Petroff and me in the hallways and elevator lobby area, and recently replaced my AC, a hard task. A great job on both counts.

Bob repainted the ceiling in my bathroom, having to scrape it, clean it, seal it, paint it -- oh my! He's a tall man, it was hard on him, but he never complained, he got to it, stuck with it, and got the job done. Ceiling looks great! Thanks to you both, and others in maintenance for your hard work. Please know all of you are much appreciated.

"And whatsoever ye do, do it heartily, as to the Lord, and not unto men; Knowing that of the Lord ye shall receive the reward of the inheritance: for ye serve

the Lord Christ." (Colossians 3:23-24)

God is saying to perform your duties whole-heartedly, do the best job you can, with all your strength, and even in the most menial task, carry it out enthusiastically, not so much for your earthly master (men), but for your heavenly Master (the Lord Jesus), "for ye serve the Lord Jesus Christ."

Have a blessed weekend!

**EDGEWOOD TERRACE** 

Cathy Oberg, Reporter
Are you bored? Tired of staying indoors and out of the summer sun and heat? Perhaps this would be a good time to consider volunteering for the village. I find it both rewarding and fulfilling. There are so many positions needing to be filled. Just visit Member Services to find out where the perfect fit is for you.

If you are planning to ride the bus to the services for Sandra Kelly but haven't put your name on the list yet, you'd better hurry. The bus is almost filled. The cost is \$9.00 for members and will be leaving ACV on Monday, July 29, at 9:00 a.m. Call the IC to add

It seems transition is all around us. Laura Putnam and Myrtle Casey are transitioning from LH to SRV. Although we're glad that they're still at ACV we're sorry to see them leave ET. We welcome newcomer, Stew Clemons. We have also bid farewell to Al and Joyce Zoellner as they embark on a new chapter of

their journey.

Another transition I've noticed is in nature.

Recently a family of 10-15 deer was spotted on Millsite Ln. This is the largest herd seen here since Idalia. It's so wonderful to witness nature returning to normal again. Have you noticed the influx of white Ibis? These birds are related to the heron and stork. The adults are white with red legs and long, curved bills while the young ones have brown spots all over. These immature birds will turn all white with age. The Ibis flocks live primarily in coastal wetlands and inland swamps and marshes. Their long curved bills allow them to probe for insects and crustaceans beneath the surface. Several of these birds have been hanging out in the yard between our building and the next on Millsite Ln.

We have a few people in ET who have been dealing with health issues and could use prayers for healing. It's never easy to be sick but trying to deal with illness during summer is especially hard. Please lift them up in prayer and help them to find the relief they

need.

Be sure to mark your calendars for our next potluck get-together on Saturday, Sept. 28. The location will be announced at a later date.

**GOOD SAMARITAN CENTER** AND DACIER MANOR

Bruce Arnold, Reporter
In the book of Romans, we find a clear path to salvation through Jesus Christ our Lord. From 5 verses in Romans, we learn that none of us are good enough to merit salvation, we are all sinners (Romans 3:23). The wages, or payment for sin is death (Romans 6:23). This paints a bleak picture, which is what is intended, for without Christ in our lives, we are all lost, and have no future. But, Romans 5:8 brings good news! Even though we are sinners, and don't deserve God's mercy, Jesus took our sine and died in our place, taking the penalty of sin! This is all good, and we can rejoice in the Word of God which tells us of Christ's great sacrifice. But, there's something that needs to be done, on our part. Though Jesus paid the price for our salvation, we must recognize that Jesus died in our place, so when we confess with our mouth (Romans 10:9) and believe in our boarts that God raised Jesus from the believe in our hearts that God raised Jesus from the dead, then we will be saved! To top it all off, we find this affirmation in Romans 10:13 that "everyone who calls on the name of the Lord will be saved". Clearly this tells us the way of salvation. Have you called on the name of the Lord? If not, do so today, then call some-

one and tell them that you have been saved!

On Sunday, July 14, we were treated again to a wonderful time of music with Michael Flowers. Michael has been here each Sunday for the month of July and will be with us again for the remaining Sundays in July. This past Sunday as Michael was playing, our resident pianist, Catherine Grim joined with Michael on two songs, "The Lord's Prayer" and "Were You There When They Crucified My Lord". Catherine played the piano and Michael played the violin. Patricia Northup died at GSC on July 11. Her husband, Stanley Hall is grateful to all who took care of Pat and wishes to let everyone at ACV and around the community know that she will be remembered at the memorial service at GSC Wednesday, Aug. 14 which will be held in the Magnolia Dining Room at 10:00 a.m. No other services are planned.

**RIVERWOODS** 

Betsey Ruehl, Reporter
I have several things coming up over the next month and need someone to take on the column for a couple of weeks. Contact me at betseywr@yahoo.com if you

are willing and I will walk you through the process.

In the heat of the day, it is recommended that you stay in a cool place and stay hydrated. This is a good time to learn a new game to play. Walk your dog

early in the day to avoid paw burns.

We are looking forward to SongFarmers next week. Gary and I are having company this week and hope to share some of our activities with them.

Prayers for those with health issues. Happy birthday to all July babies and happy anniversary to those who tied the knot in July.

## **MEMBER BENEFITS**

ACV offers a variety of programs and services to its members under the membership program. Members pay a monthly fee to provide supplemental support for this array of services and programs, meeting many of the varied needs of its members, as well as providing the opportunity to live his or her life to its fullest potential and highest level of independence. Some services you may not need today, you may well find important or essential in the future, and your financial participation makes it possible for your neighbor to have access to the services they need now.

This week's member benefit of note:

Members are given priority placement on the waiting list for DM, provided the member's needs match the services offered. Priority placement specifically means that when a room becomes available in the assisted living facility, ACV makes the room available to a member if approved. Admission is based on the level and severity of need as determined by ACV.

## **FOR YOUR INFORMATION**

ART GALLERY EXHIBIT Chuck Eckel, Reporter

The Village Artists Guild featured artist is Jan Cuddy. In this exhibit she shares her inspirational work rendered in pencil, ink, acrylic and gouache.

Jan was born and raised in Orlando, Florida. Her family, mother, father, and two sisters, were very involved in First Christian in Orlando and helped start new congregations in surrounding communities. As a block mason, Jan's father also built one of the churches they started. During his career, he helped construct the

VAB (Vertical Assembly Building) at Cape Canaveral.

Jan started drawing about age 3 sitting on the kitchen floor and asking her mother to help her draw something. Pursuing creative arts of all kinds became an interest. In school she took an art class, a pencil drawing class, and a creative writing class and calligraphy. Through school she volunteered to make signs, backdrops, props, etc. Later, with husband Mike, as they served churches over the years in Youth Ministry, Jan wrote and directed plays for the youth. As a pre-school teacher she made some of her own activity pages and illustrations.

Jan and her husband, Mike have been active volunteers in ACV since they moved here several years ago. She did her first painting at the Coffee and Canvas program at JKPL. Then she joined the Village Artists Guild. Jan states "I was thrilled to meet Lyn Stevens, founder of the Village Artists Guild. I also appreciate Joe Catarious, Chuck and Peggy Eckel, and fellow artists who have inspired me to keep developing this gift God

gave me. I love volunteering here in this awesome community, mostly organizing and cleaning. I get to be creative with decorating and making my own greeting cards. I sometimes substitute in the Village Library. What a privilege to serve God and serve others in this place we now call home.

#### **NINAN SWORDS ROGERS'S NEWEST BOOK**

Ninan Swords Rogers's newest horse book, The Backyard Horse Owner's Manual, is now available on Amazon Books.

#### **PASTOR RICK HOFMEISTER**

There is a rumor going around that Pastor Rick Hofmeister passed away. I am happy to report that he is very much alive. He still has not regained his eyesight. His wife, Sheila, is going through medical problems of her own. Keep them both in your prayers.

Pat Sinclair

#### FROM BAGS TO BEDS

Last week's meeting went well, it was great to see everyone again. We had a curious neighbor join us. She had read about the plarn group in the FNN but didn't really know what it was all about so curiosity got the best of her and she stopped by our meeting. She was shown the folding process and decided it was something she could do, even with her bum hand. I hope she enjoyed spending the morning with us, and we will see her again. If ever you are curious about the plane her again. If ever you are curious about the plarn process you are welcome to join us Thursday mornings. If you are interested in doing the folding or weaving process at home but are unsure of what to do, stop by and see us. If you need supplies to do a process of plarn that you are doing, stop by and see us.

In picking up the bags this week, I was in awe of the number of bags in ready to fold condition. Thank you for understanding how much you have helped your neighbors that fold the bags at our meetings. We appreciate your help.

We will be meeting today, Thursday, July 18, at Cleo's Meeting House, 10:00 a.m.—12 noon. Hope to see you there. If you have any questions or concerns, contact Linda at 904-484-8796. Thank you for your continued support continued support.

Linda Warner

## **SQUARE CUTS AND MORE SALON** Open Monday, Tuesday, Thursday and most Fridays 12:00 noon to 7:00 p.m.

Square Cuts and More Salon specializes in all your hair care needs. Call (386) 647-6240 for appointments. Kindly give 12–24 hours notice for cancellations or extra charges will apply. Walk-ins are welcome, but all great hair happens by appointment. I appreciate your business. Thank you, Amy Hancock.

#### LEGAL SERVICES

The law firm of Robinson, Kennon & Kendron, P.A. will see clients by appointment only from 9:00 a.m. to 12:00 noon on the following dates in the VS professional offices: Aug. 9 and 23, Sept. 13 and 27, and Oct. 11 and 25. To make an appointment, please call Leigh Ann Cannon at (386) 755-1334, Ext. 117.

HAIR CROPPERS

All hair appointments for the week of July 22 will be done on Tuesday July 23. All nail appointments for the week of July 22 will be done on Thursday July 25. The shop will be closed on Friday July 26.

Call or text Danielle at (386) 205-3791 or Brenda at (386) 249-1323 to schedule an appointment. Thank you for choosing Hair Croppers!

FINANCIAL ADVISOR
Wendy B. Meyer, CFP®, BFA®, financial advisor with Pivotal Wealth Planning is at the Village on the third Wednesday of every other month (February, April, June, August, October and December) from 9:00 a.m. to 2:00 p.m. in the VS professional offices. Call (850)

## ∞ At the Village Square ∽

#### **Riverside Gifts**

Sale Table: A very soft cat kitchen towel, phone/cross body purses, and statement jewelry.

Useful items to check out include smaller clutch bags, adjustable folding canes, telescoping picker-uppers with a magnet at the end, and LED flashlight gloves.

Kitchen items include: salt and pepper shaker sets, toothpick holders, very soft dish towels, hot bowl cozies, twining tea bags, and a wide variety of

mugs.

Men, check out the handy travel bag that includes a comb, toothbrush, toothpaste, and soap. Other items for men include: Dove Men+Care soap, beard grooming kits, and hats with attached insect netting.

Our collection of beautiful cards includes specialty birthday cards for ages 70 to 100, sweet bird and butterfly notecards, and ACV cards. Check out the unique variety of hanging cards for children and adults.

Watch or clock repair and new battery installa-

tion is available at very reasonable prices. 658-5771. Open Wednesday–Friday, 10:00 a.m.-4:00 p.m., and Saturday, 10:00 a.m.-2:00 p.m.

#### Rustic Shop

Glassware in a variety of styles is featured this week: clear glass stemware, green stemware, low tumblers and matching footed heavy stemware. There is an iced tea set that includes the clear pitcher and six clear handled tall mugs. Four etched tumblers with a nature theme will create a lovely display on your shelf or dining table.

A nice cup of hot tea can be enjoyed in one or several of the following: fine Nashville tall mugs, a Royal Albert cup and afternoon tea plate, a 5-piece set made in Finland, and a 17-piece Japanese Luster-

ware tea set.

Check out the front table with its complete set of vintage white dishes. Add the rare vintage Anchor Hocking cake plate stand with its domed lid.

Watch or clock repair and new battery installa-

tion is available at very reasonable prices.

Wanted: A person to do clothing alterations. Please stop in for details.

658-5273. Open Wednesday-Friday, a.m.-4:00 p.m., and Saturday, 10:00 a.m.-2:00 p.m.

#### Twice Nice Shop

Ladies' slacks continue to be on sale for \$2 each and belts \$1 each. Blouses in all colors and designs, sizes, and sleeve lengths will cheer you up in this humid weather.

The low prices for men's pants, shorts, and shirts continue. You can't beat the price of 50¢ each for briefs, boxer shorts, white and color socks, and undershirts.

There is something for everyone in the large selection of graphic t-shirts that are on sale for \$2.00.

Summer clearance sale! ALL books anywhere in the Book Nook are BOGO. Bible, hymnals, music, cassette tapes, and miscellaneous books are free.

There are also hat boxes, knickknacks, and paintings in this unique shop.

658-5271. Open Wednesday–Saturday, 10:00 a.m.-2:00 p.m.

## ∞ On CR 250 ଔ

#### Twice Nice Furniture & More 23353 CR 250 • 658-5871

Mondays and Thursdays, 8:30 a.m.–1:00 p.m. Saturday, Aug. 3, 9:00 a.m.-2:00 p.m.

973-8888 for more information or to schedule an appointment.

**ACV QUESTIONS AND ANSWERS** 

Do you have a question about the Village you think others would also like to ask? Submit your question to MS, and we will do our best to find out the answer for you and publish it here.

Q: The summer potlucks are a lot of fun. Why

can't they continue throughout the year?

A: For decades, the VC had an active group that held a monthly potluck called Glowing Embers. But, as some things do, when the leaders decided they needed to step away, no one volunteered to take over, and the group fizzled. We would love for a similar resident-led group to be restarted. It doesn't have to be a religious gathering if the leaders so choose. There could be some entertainment like we do at the summer potlucks, or it could be just food and fellowship. It would be up to the organizers and the group.

If anyone is interested in discussing the possibility of leading a group like this, James Sutter in MS (658-5266) or Pastor Traci Nissley (658-5344) would be glad to talk with you about how ACV and/or the VC might

help it get started.

#### THANK YOU

The National WHFMS Board recently met here in our Village. As a part of our meeting we were fortunate to be able to do a tour of the Village on the roundabout and to visit the Village Archive. What a wonderful opportunity that was for many of our members who had never visited our beautiful home. Steve Reach was an exceptional tour guide, sharing stories and little known facts with the members. Thank you, Steve!

The Archive is an amazing place to see pictures, read the history and get a feel for the blessing our Village has been to many and for what it now does to

benefit our community.

Thank you for offering these unique ways to learn about ACV.

Karen Hall, National WHFMS President

Thank you West Best Virginians, who organized the gathering for all those who have hills and hollers in our hearts. This one is for you:

**West Virginia Dreamtime** 

On full moon nights We are struck by wonder, As the whippoorwill Sings her song of longing.

Foggy blue mornings And the tender gloaming Of twilight, drives us Into mind trance.

Purple fields, at daybreak Sprinkled with goldenrod And the echo of bird song Calms our restless hearts.

The cool evening breeze With the sweet scent Of wood smoke Lulls us into mind trance.

Nature's messengers Stuns us to silence, blessing Us with the harmony of Presence and the spirit of place.

Are not haunted by sights And sounds of our youth? All is well...They are safe... tucked in the lining of our hearts.

Katie Khan

We wish to thank our ACV family for the cards, calls, and other expressions of sympathy regarding the recent death of our son-in-law, Jerry J. Tice, Jr. (Jay). These were greatly appreciated.

Sincerely, Errol & Sybil Gillette

Recently, I shopped for groceries at The Grocer. I wore my ACV badge since I was riding the shuttle that day. Several of The Grocer employees asked me about the mushroom swiss burgers. I call them "Loping of the control of the cont burgers. I've enjoyed these a number of times, so I gladly described how delicious they are. Both the beef and turkey are outstanding! I've noticed that quite a few people from outside of ACV are coming to the Lopin Gopher and the Bistro to dine. The Bistro has a great menu, and visitors enjoy our riverside restaurant.

I just recently enjoyed a lovely soup, Don's mushroom vegetable soup. Each spoonful was loaded with carrots, spinach, green peas, and wonderful mushrooms. It was so tasty, that I took one home for another day. While there I often enjoy the Margherita Pizza; Chef Tom's delightful creation. Saturday morning I had the breakfast I usually have on weekends: A la carte egg done over medium, sliced tomatoes, and home fries. The menu is extensive. Do try the omelets

or poached eggs—so tasty!

On Sunday, the buffet in the RDR gets a huge turn out. The food is always delicious. It's the after

church fellowship event.

Thank you, Arlene and our #1 "Aloha" dining team. You all make our meals wonderful.

Jeanne Florence

## **MISCELLANEOUS**

**PLEASE NOTE:** All submissions to the FNN must have a name attached. If you prefer to not have your name included with the listing in the FNN, indicate that on the submission. Ads may be dropped into the box near the IC, or emailed to fnn@acvillage.net. Only ACV members and staff may advertise here. Ads run for two weeks.

FOR SALE: Rocking reclining chair \$30, reclining love seat \$30, 5-drawer chester drawer \$75, electric power chair with foot rests \$3500, 72" cat condo, \$50, 2 three-drawer nightstands \$75 each, 2 small nightstands \$25 each, new desk on wheels with 5 drawers \$75, 4-drawer file cabinet with one locking drawer \$75, queen size Craftmatic bed \$1000, queen size memory foam bamboo cover \$100, glasstop table with two chairs \$75. contact Sheila at 386-678-1040. \*

**FOR SALE:** A Journey Solite Scooter, only used once by my wife at the Gainesville mall. Will sell for only \$1000. I have the original box it came in, in case you want to ship it some where. Contact Lew at 334-200-6331 for a test drive.\*

Have you taken some activity photos at ACV you'd like to share? Send them to mpollina@acvillage.net with a little description. They may be featured on ACV's Facebook page.



Monday-Friday 11:00 a.m.-12:30 p.m. 1:00-3:00 p.m.

Saturday 11:00 a.m.-1:00 p.m.

658-5270





## **Midday Dining Menu**

Monday—Friday 11:00 a.m.—1:00 p.m. Saturday—Sunday 11:00 a.m.—1:30 p.m.



## July 19, 2024

## FRIDAY, 7/19

**\$2.53 Soup:** Clam Chowder

**\$6.44 Entrées:** GF Baked Catfish, GF Garlic Butter Shrimp, Pepper Steak,

Fried Catfish

**\$1.21 Sides:** Mixed Greens, Cold Salads, Fruit, Cheesy Grits, Mashed Potatoes

with Gravy

**\$2.76 Desserts:** Assorted Regular and NSA Desserts

## SATURDAY, 7/20

\$2.53 Soup of the Day

**\$7.59 Whistle Stop Special:** Corn Dogs, Fruit, Potato Salad, Sherbert Ice Cream

Cup, Fountain Drink

## **SUNDAY, 7/21**

#### **Lunch Buffet**

#### Members \$12.63 | Non-Members \$17.81 | Beverage Included

**Entrées:** Pot Roast, Smoked Sausage and Cabbage, Fried Chicken

**Sides:** Cheesy Broccoli, Honey Glazed Carrots, Side Salad, Pineapple Chunks,

Buttery Parsley Red Potatoes with Gravy, Macaroni and Cheese,

**Dinner Rolls** 

**Desserts:** Assorted Regular and NSA Desserts

#### **MONDAY, 7/22**

**\$2.53 Soup:** Soup of the Day

**\$6.44 Entrées:** Western Omelet Quiche, Liver and Onions

**\$1.21** Sides: California Vegetable Medley (Carrots, Cauliflower, Broccoli), Fruit,

Three-Bean Blend, Cold Salads, Rice Pilaf with Gravy

**\$2.76 Desserts:** Assorted Regular and NSA Desserts

## **TUESDAY, 7/23**

**\$7.70 Special:** Salad Bar

**\$6.44 Entrées:** Meatballs with Brown Gravy, Country Fried Steak with White Gravy

**\$1.21** Sides: Garlic Spinach, Corn, Cold Salads, Fruit, Au Gratin Potatoes

**\$2.76 Desserts:** Assorted Regular and NSA Desserts

**NOTE:** Prices listed are the retail cost per item. ACV members who present their ID badge at the cash register will receive a 10% discount. Menu is subject to change. Individual beverage cost: \$1.30.

GF=Gluten-Free NSA=No Sugar Added

## **Rumph Dining Room Midday Dining Menu**

July 19-26, 2024

## WEDNESDAY, 7/24

**\$2.53 Soup:** Soup of the Day

**\$6.44 Entrées:** Fried Chicken, Fried Turkey Breast

**\$1.21** Sides: Cabbage, Cold Salads, Fruit, Mashed Sweet Potatoes, Corn Bread

Stuffing, Mashed Potatoes with Gravy

**\$2.76 Desserts:** Assorted Regular and NSA Desserts

### THURSDAY, 7/25

\$6.44 Entrées: Chicken Vegetable Lo Mein, Egg and Spam Fried Rice

**\$1.21** Sides: Asian Vegetable Blend (Green Beans, Mushroom, Red Peppers,

Water Chestnuts), Peas, Cold salads, Fruit, Steamed Rice,

Chicken Pot Stickers

**\$2.76 Desserts:** Assorted Regular and NSA Desserts

## **FRIDAY, 7/26**

**\$2.53 Soup:** Lobster Bisque

**\$6.44** Entrées: GF Baked Catfish, GF Garlic Butter Shrimp, Italian Stuffed Peppers,

Fried Catfish

**\$1.21** Sides: Mixed Greens, Beets, Cold Salads, Fruit, Baked Beans, Cheesy

Grits, Mashed Potatoes with Gravy

**\$2.76 Desserts:** Assorted Regular and NSA Desserts



## RUMPH DINING RM. \$8.85 WEEKDAY VALUE PLATE

Includes 1 entrée, 2 sides, bread, and a fountain drink. For premium entrée, add \$2.30.



## RIVER LANDING BISTRO LUNCH & DINNER SPECIALS

Friday, July 19

Spaghetti Bolognese with Garlic Bread \$16.95

Saturday, July 20

Pulled BBQ Pork with Macaroni and Cheese and Cornbread \$17.95



658-5259

**Mon-Fri:** 11 am-1 pm **Sat. & Sun:** 11 am-1:30 pm



658-5259

**Sun:** 7:30–10 am | 3:30–7 pm **Mon–Fri:** 7:30–10 am | 2:30–7 pm

**Sat:** 7:30–10:00 am | 3–7 pm



658-5777

**Wed-Thurs:** 11 am-2 pm **Fri-Sat:** 8-10:30 am | 11 am-8 pm

Prices effective 7/19-7/25

\*\*\*\*\*\*\*\*

## THE VILLAGE GROCER



Monday-Saturday • 9:00 am-6:00 pm • We deliver at 2:00 pm every day!\* 658-3130

CDO	<b>CERY</b>
UTNU	

GROCERI						
Joan of Arc Black Beans	15 oz.	\$ 1.29				
Ocean Spray Zero Sugar Cranberry or Berry Juice	64 oz.	\$ 4.99				
Cary's Sugar Free Syrup	12 oz.	\$ 2.69				
Smucker's Ice Cream Toppings, all varieties	11 oz.	\$ 2.79				
IGA Medium Roast Instant Coffee	8 oz.	\$ 4.29				
Ben's Wild Rice	6 oz.	\$ 2.89				
Crisco Cooking Oil	16 oz.	\$ 3.89				
Betty Crocker Fudge Brownie Mix	16 oz.	\$ 2.49				
DAIRY						
Land-O-Lakes Butter with Olive Oil	7 oz.	\$ 3.19				
Daisy Sour Cream	8 oz.	\$ 1.69				
PRODUCE						
Sweet Potatoes	per lb.	\$ .89				
Crisp Celery	each	\$ 1.79				
FROZEN						
Marie Callender's Pot Pies	15 oz.	\$ 4.99				
Voila Skillet Garlic & Chicken Meal	21 oz.	\$ 6.99				
MEAT						
Lean Boston Butt Pork Roast	per lb.	\$ 2.49				
Oscar Mayer Chopped Ham	6 oz.	\$ 4.29				
Nathans Bigger Than A Bun Beef Franks	12 oz.	\$ 4.99				
Seabest Swai Fish Fillets	16 oz.	\$ 4.99				
Resers Chopped Cole Slaw	38 oz.	\$ 5.29				
Boneless Eye of Round Beef Roast	per lb.	\$ 5.99				
Prairie Fresh Seasoned Pork Fillets	27 oz.	\$ 8.99				
Boneless New York Strip Steak	per lb.	\$ 10.99				

## **CHEESE OF THE WEEK**

Swiss Cheese—\$7.39 per lb.

#### DON'T FORGET TO ORDER YOUR ROTISSERIE CHICKEN

Full chicken \$9.99, Half chicken \$5.99
\*\* Call 658-3130. Order by 11:00 a.m. for 2:00 p.m. pick-up! \*\*

#### This Week's Verse:

The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning. Great is thy faithfulness!

Lamentations 3:22-23

\*\*\*\*\*\*\*

\*Delivery available to on-campus ACV members only



# **Suwannee County Sheriff's Office Sheriff Sam St. John**

200 S. Ohio Avenue Live Oak, FL 32064 (386) 362-2222



## **DON'T BE A VICTIM**

## FRAUD PREVENTION TIPS

If you can answer "Yes" to any of the following questions, you could be involved in a fraud or are about to be scammed!

- x Are you sending money, gift cards, checks or any money orders to anyone you met online or over the phone?
- x Have you been informed that you are the winner of a lottery, Publisher's Clearing House, or any other prizes?
- x Have you been instructed to wire, send or ship money as soon as possible to pay for a debt or arrest warrant, to bail a family member out of jail, or to take care of an IRS tax debt?
- x Did you respond to an unknown email, text message, or phone call asking to verify any of your personal banking or credit account information or provide your personal information such as name, date of birth, etc.?
- → The IRS, FBI, or any form of U.S. government will not call you, message you, or request that you pay them over the phone or through gift cards, or by mailing cash.
- → If you receive a call stating a loved one or friend is injured, arrested, or in an accident, do not provide any information. Obtain detailed information and call the appropriate authorities to determine if the contact is real or fraudulent.
- → Never provide your personal or any banking information to anyone online or over the phone, or to anyone you do not personally know and can trust with said information.

Sheriff St. John and the deputies of the Suwannee County Sheriff's Office want you to stay informed on the many ways criminals work to scam their victims. Should you have any concerns or questions please contact the Suwannee County Sheriff's Office at (386) 362-2222 and ask to speak with a deputy.