



Friendly Neighbor News

Advent Christian Village, Dowling Park, FL 32064

“Where People Enjoy Living”

24/7/365 Assistance/Operator	658-3333	Housekeeping	658-5374
Cashier's Office	658-5343	Environmental Svcs.	658-5155
Copeland Medical	658-5300	Post Office	658-5270
Finance Department	658-5450	Security/Emergency	658-3333
Home Care	658-5460	Shuttle Bus	208-2584

JUNE 28, 2024

Friday	6/28	10:00 a.m. 2:00 p.m.	<i>Bible Study—VC Room 5</i> <i>Sit 'N Stitch—CH</i>
Sunday	6/30	9:40 a.m. 11:00 a.m. 4:00 p.m. 2:00 p.m.	<i>Morning Worship Service—VC</i> <i>VCBI: How Can I Accurately Interpret NT Books?—OPR</i> WHFMS Council Meeting—VC Room 5 <i>Coloring Book Time of Fellowship—DH Lobby</i>
Monday	7/1	1:30 p.m. 1:30 p.m. 2:00–4:00 p.m.	Coping with Low Vision Support Group—OPR <i>VCBI: Understanding 1 Corinthians—VC Room 5</i> <i>Ceramics—PCS</i>
Tuesday	7/2	8:30 a.m. 10:00 a.m.	<i>Men's Bible Study—VC Room 5</i> <i>LOP&G Model RR Club—CB</i>
Wednesday	7/3	8:45 & 9:00 a.m. 9:00–11:00 a.m. 1:00 p.m. 6:00 p.m.	<i>Bus Trip: Walmart—CH & DH</i> <i>Ceramics—PCS</i> <i>Bridge Club—OPR</i> <i>Prayer Meeting—BC</i>
Thursday	7/4	Happy Independence Day All ACV offices, CCC, CMC, Village Cashier, Aquilla Pool, both libraries, VS retail shops, TNF&M, Village Grocer, Polk Ceramic Shop, post office, and First Federal are closed, and there is no shuttle bus service. 9:30 a.m.–12:30 p.m. 7:15 & 7:30 p.m.	<i>Village Artists Guild—KC</i> Bus Trip: Fireworks in Madison—DH & LAP
Friday	7/5	9:00 a.m.–12:00 noon 10:00 a.m. 2:00 p.m.	<i>Veterans' Service—MS</i> <i>Bible Study—VC Room 5</i> <i>Sit 'N Stitch—CH</i>

BOLD: ONE-TIME AND MONTHLY EVENTS — *ITALIC: PROGRAMS FOR SPIRITUAL GROWTH*

IN LOVING MEMORY

- Michelle Ouellette, who was a resident of GSC, died June 24. Her memorial information will be provided when available.
- Bonnie Barnett, who was a resident of GSC, died June 21. Her funeral will be Saturday, June 29, 4:00 p.m., at O'Brien Baptist Church, 9544 E CR 349, O'Brien, Florida. She will also be remembered at the GSC memorial service on Wednesday, July 10, at 10:00 a.m. in the Magnolia Dining Room.
- Iris Turner, who was a resident of GSC, died June 19. She will be remembered at the GSC memorial service on Wednesday, July 10, at 10:00 a.m. in the Magnolia Dining Room.
- Patty Fourakers, who was a resident of GSC, died June 11. She will be remembered at the GSC memorial service on Wednesday, July 10, at 10:00 a.m. in the Magnolia Dining Room.
- Martha Cheek, who was a resident of DM and GSC, died June 7. She will be remembered at the GSC memorial service on Wednesday, July 10, at 10:00 a.m. in the Magnolia Dining Room.
- Erlene Bryant, who was a resident of BA, CH and GSC, died June 3. She will be remembered at the GSC memorial service on Wednesday, July 10, at 10:00 a.m. in the Magnolia Dining Room.

NEW MEMBERS

- Kathy and Larry Black have moved to DH. Their mailing address is P.O. Box 4498.
- Roddy Denmark of McAlpin, Florida, has moved to CH. His mailing address is P.O. Box 4016.
- Gail and Jimmy Knowles of Lee, Florida, have moved to POP. Their mailing address is P.O. Box 4387.

MOVE OUT

- Bruce and Judy Forinash have moved from ET. Their new mailing address is 104 Valleywood Dr., Kings Mountain, NC 28086.

ACV EVENTS

COPING WITH LOW VISION SUPPORT AND RESOURCES GROUP

Monday, July 1, 1:30 p.m. - OPR

Our monthly support group brings people with vision loss together to share challenges and celebrate successes. The individuals who attend are in all stages of vision loss. Some still have most of their sight, while others have lost their sight completely. Together, they foster a warm, inviting place to help one another overcome barriers to living independent, vibrant lives. Join

Wayne Warner from the nonprofit agency, Lighthouse of the Big Bend, for this monthly support group and meeting.



BUS TRIP: FIREWORKS IN MADISON

Thursday, July 4

7:15 p.m. - DH & 7:30 p.m. - LAP

There will be a trip to Madison, Florida, to see their fireworks display for Independence Day on Thursday, July 4. The bus will leave DH at 7:15 p.m. and LAP at 7:30 p.m. The cost for the bus is \$5.00 for ACV members and \$9.00 for non-members. Please plan to bring with you something to sit on. Sign up at the IC.



POTLUCK SUPPER

Saturday, July 6, 5:00 p.m. - RDR

ACV and the VC invite all to the second of four planned summer potluck suppers Saturday evening, July 6, at 5:00. Bring your favorite dish to share and join in on the fun. After we eat, a small group will present a *God and Country* program for everyone's enjoyment.

SUWANNEE COUNTY TAX COLLECTOR

Thursday, July 11, 9:00 a.m.–3:00 p.m. - VS

Closed 12:00–1:00 for lunch

NOTE: Date change for July only

Staff from the Suwannee County Tax Collector's office including Suwannee County Tax Collector Sharon Jordan are normally in the VS professional offices on the first Thursday of each month from 9:00 a.m. to 3:00 p.m. (closed from 12:00 to 1:00 for lunch). Due to the Independence Day holiday, they will be here on the second Thursday of July, July 11. This service will enable you to purchase automobile tags and pay your property taxes. For more information, please contact the Tax Collector's office at 362-2816, or you may visit their website at suwtax.com.

MEMBER BIRTHDAY PARTY

Thursday, July 11, 3:00 p.m. - SMR/DR

Join us for the July member birthday party. The entertainment will be hymn arrangements on flute and piano by Mary Jane Sutter and Traci Nissley. Everyone is invited, and ACV members with July birthdays will receive special recognition. Come and bring a friend. See you there!



BUS TRIP: DINE-OUT TO CULVER'S

Friday, July 12

3:45 p.m. - DH & 4:00 p.m. - LAP

Bus: \$5.00 members, \$9.00 non-members

Culver's has opened a new restaurant in Lake City, Florida. Culver's is an American fast-casual restaurant

chain offering burgers, chicken, sandwiches, seafood, salads, soups, and fresh frozen custard. Bus cost is \$5.00 for members and \$9.00 for non-members. Please sign up at the IC.

LADIES' BREAKFAST

Saturday, July 13, 8:30 a.m. - RDR

The next ladies' breakfast will be held on Saturday, July 13, at 8:30 a.m. in RDR. We will be joining the men for this meeting. Our speaker will be Doug Mabey. A special invitation is extended to new residents; we want to meet you! Come join us for a wonderful time of table fellowship.

The cost of the full and delicious breakfast buffet is \$7.00. Tickets must be pre-purchased at the Lopin' Gopher.



MEN'S FELLOWSHIP BREAKFAST

Saturday, July 13, 8:30 a.m. - RDR

The next Men's Fellowship breakfast will be held on Saturday, July 13, at 8:30 a.m. in RDR. The ladies will be joining us for this meeting. The guest speaker will be Doug Mabey.

The cost of the full and delicious breakfast buffet is \$7.00. Tickets must be pre-purchased at the Lopin' Gopher. Come join us for fellowship, prayer, inspiration, and breaking bread together!

EVENTS HERE AND THERE

Events in this section are not sponsored by ACV, even if they take place at ACV.

FOOD GIVEAWAY

New Day: Tuesday, July 2, 11:00 a.m.

Dowling Park Church of God

A free food giveaway will be held Tuesday, July 2, starting at 11:00 a.m. at Dowling Park Church of God on CR 250 near Dollar General. There will be produce, bread and more from Second Harvest. All are welcome. Everyone will stay in their vehicle. Food giveaways will be held the first Tuesday of each month; the next one is scheduled for Aug. 6.

EPISCOPAL EUCHARIST SERVICE

There will be no service Eucharist for the month of July. The next service is scheduled for Tuesday, Aug. 6, at 11:30 a.m. in BC. Rev. Ken Johnstone of St. Luke's Episcopal Church in Live Oak will officiate. All are welcome.

THE BASICS OF THE FAITH DISCUSSION GROUP

Tuesdays, 12:30–1:30 p.m.

Private Dining Room

This discussion group on any subject concerning Christianity meets every Tuesday from 12:30 to 1:30 p.m., in the private dining room. You can buy lunch in the cafeteria and bring it into the private dining room, or you can bring a bag lunch and eat and fellowship and discuss together the things of the Lord. Please come and join us. For more information call Michael Saunders at (407) 668-6509.

VETERANS GATHERING

Friday, July 5, 12:00 noon - RDR

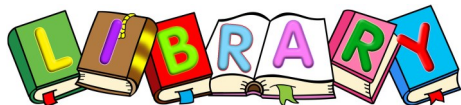
All service members are invited to gather for lunch to eat together on Friday, July 5, at 12:00 noon in RDR. Buy or bring your own lunch. Bring a military MEMENTO. Service members can be ACV residents, employees, or area residents. Invite other veterans!

ACV	Advent Christian Village	CT/MT	Cardinal/Magnolia Terrace	IC	Information Center	POP	Park of the Pines
BA	Butterfield Acres	DH	Dowling House	JKPL	Jo Kennon Public Library	RDR	Rumph Dining Room
BC	Bixler Chapel	DM	Dacier Manor	KC	Keepers Cottage	RV	Smith Riverview Apartments
CB	Chriss Building	DMA	Dowling Manor	LAP	Lake Aquilla Parking Lot	RW	Riverwoods
CH	Carter House	DR	Depot Room	MS	Member Services	SMR	Sawmill Room
CCC	Copeland Community Center	ET	Edgewood Terrace	OPR	Old Pavilion Room	VC	Village Church
CMC	Copeland Medical Center	GSC	Good Samaritan Center	PCS	Polk Ceramics Shop	VS	Village Square

GIVE BLOOD

Friday, July 12, 10:00 a.m.–5:00 p.m. - VS

The LifeSouth Bloodmobile will be parked at the VS Friday, July 12, from 10:00 a.m. to 5:00 p.m. Donating blood is a selfless act by one person to help save the lives of others. Blood cannot be manufactured, and local hospitals rely on LifeSouth blood donors to make sure blood is on the shelf. LifeSouth provides 100% of the blood needed for patients at HCA Florida Lake City Hospital, all UF Health hospitals, North Florida Regional Medical Center, the Malcom Randall VA Medical Center, South Georgia Medical Center, the Lake Butler Hospital, Starke ER, and Suwannee ER.



JO KENNON PUBLIC LIBRARY

386-658-2670

Website: srrlib.org

Email: dpark@neflin.org

Mon., Wed.–Fri. 9:00 a.m.–5:30 p.m.

Tuesday 9:00 a.m.–7:00 p.m.

Saturday 9:00 a.m.–1:00 p.m.

Closed Sunday

Library Closed

We will be closed on Thursday, July 4, in celebration of Independence Day. Have a great Fourth of July!

JKPL Has Gone Wild

The JKPL has gone wild decorating for the summer reading program! There are displays highlighting Brazil, and Togo, and crafts from Africa! Everything from gorgeous headdresses, spears, and authentic jewelry, to handmade animals and instruments. We have decorated everything in assorted stripes and spots, and even brought in an elephant! Come in, look at the displays, then leave with a book. Don't forget to pick up your tracking bookmark!

Summer Reading Bookmarks Are Here

Are you tracking your summer reading? Bookmarks for readers of all ages to keep up with their daily goals are available at the front desk. When the bookmark is completed, turn it in as an entry to win a gift card! Take a moment to decorate the back, and it will be placed on the front of our circulation desk for all to appreciate.

Mugs Around the World

We invite the community to share a mug or two from their travels. We're looking for mugs from near and far to showcase in the glass display case during July. Mugs can be dropped off at the front desk and will be available for pick-up during the first week of August. Let's see where everyone has gone!

Monday Morning Yoga

The yoga/stretching class was so well received that a second class has been formed. Join us at 9:00 a.m. for the DVD-led class that will get your muscles warmed up and ready for the day. Space is limited, so call or come by and reserve your spot today.

As the Page Turns Book Club

Charles Martin is the focus of the ATPT book club this month! Choose any title from Martin except *The Mountain Between Us* to read for the meeting scheduled on July 11 at 2:00 p.m.

Due to our recent closure, the book club did not meet this month, so we will discuss both June and July's selections at the July meeting.

History of Suwannee County

The History of Suwannee County is on hiatus for July but will resume on Aug. 1 at 10:00 a.m.

Summer Program Fun at the JKPL

In addition to our regular programs, this summer join us for fun on:

- **Monday, 1:00 p.m.:** Tweens Fantasy Book Club, *The Hobbit*
- **Wednesdays, 9:00–10:00 a.m.:** Adventure at Your Library: ages 9 and under
- **Wednesdays, 2:00–3:00 p.m.:** Ten-2-Teens Club: ages 10–16 years
- **Fridays, 3:00–5:00 p.m.:** Adventure Movie: all ages. Includes free popcorn and a drink!

Summer Fun for Adults

Summer reading brings adult-size fun!

- Track your reading each week for an entry into the drawing for one of two \$20 Dollar General gift cards!
- Summer Reading Bingo - Pick up your BINGO board and read, read, read. Small prizes will be awarded for each BINGO, and the completed nine-square board will earn an entry into a drawing for a gift certificate to a local business.
- "Guess How Many" game! Beginning on Monday, June 17, come by and guess how many animal crackers are in the container. The winner will be announced at the end of June.

Tweens Fantasy Book Club

It is time for fantasy book lovers to unite! Every Monday at 1:00 p.m., tweens and teens are invited to join a new book club for those who enjoy a sprinkle of magic on their book pages. We are reading *The Hobbit* by J.R.R. Tolkien, which was the book that created the world of Middle-Earth that would be re-visited in the Lord of the Rings trilogy.

Friday Movie: *Neverland Awaits*

Let this story "hook" your imagination this Friday with the live-action adventure movie that will take you back to Neverland! Powerhouse actors Dustin Hoffman and the late Robin Williams face off as Captain Hook and Peter Pan in this twist on the classic fairy tale. Find out what happens when Peter returns to Neverland as an adult!

Each Friday during the summer beginning at 3:00 p.m., we will show a movie and provide free popcorn and a drink. The shuttle bus service ends at 4:20 p.m.; please have alternative transportation arrangements.

Save the Date — Upcoming Special Events

- July 10, 9:00 a.m. — Florida Fish & Wildlife Conservation Commission Visit
- July 16, 1:00 p.m. — Pat Hutchins: Turning Your Family History into a Novel
- July 19, 10:00 a.m. — A Visit to Spain and Portugal with Wayne Casey

Just a Small Collection of Words

"It is not in doing what you like, but in liking what you do that is the secret of happiness" (J.M. Barrie, *Peter Pan*).

Starbooks Café Topic

If you could have your dream home, where would it be and why? What would it be like?

Weekly JKPL Meetings:

Starbooks Café	Tuesdays	9:30 a.m.
Crochet Creations	Thursdays	3:00 p.m.
Hot Topics	2nd & 4th Thurs.	10:00 a.m.
Kids Corner	Saturdays	11:00 a.m.



BUS TRIPS

If you wish to ride the ACV bus on these trips, you must contact the IC in person or by phone at 658-3333 to sign up. Please be considerate of those who have allergies and limit your use of perfumes, aftershaves, and colognes when riding the bus.

WEEKLY LIVE OAK SHOPPING TRIPS

There is no charge for Village members to participate in the regular weekly Live Oak shopping trips. If you have questions, call MS at 658-5400.

Please remember to bring your own bags on the Wednesday shopping trips to assist in keeping everyone's purchases separate.

- **July 3 morning — Walmart only —** Leave CH at 8:45 a.m. and DH at 9:00 a.m. Leave from Walmart at approximately 11:15 a.m. and return to the Village at noon.
- **July 10 morning — Winn-Dixie, Save A Lot and Publix —** Leave CH at 8:45 a.m. and DH at 9:00

a.m. Drop off at Winn-Dixie and Save A Lot, and park at Publix. Leave from Publix at approximately 11:15 a.m., pick up at Save A Lot and Winn-Dixie, and return to the Village at noon.

- **July 10 afternoon — Walmart only** — Leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from Walmart at approximately 3:45 p.m. and return to the Village at 4:30.
- **July 17 morning — Walmart only** — Leave CH at 8:45 a.m. and DH at 9:00 a.m. Leave from Walmart at approximately 11:15 a.m. and return to the Village at noon.
- **July 17 afternoon — Winn-Dixie, Save A Lot and Publix** — Leave CH at 1:15 p.m. and DH at 1:30 p.m. Drop off at Winn-Dixie and Save A Lot, and park at Publix. Leave from Publix at approximately 3:45 p.m., pick up at Save A Lot and Winn-Dixie, and return to the Village at 4:30.
- **July 24 afternoon — Walmart only** — Leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from Walmart at approximately 3:45 p.m. and return to the Village at 4:30.

UPCOMING BUS TRIPS

July 4 — Fireworks in Madison, Florida
July 12 — Dine-Out to Culver's in Lake City, Florida
July 19 — Valdosta Shopping

BUS TRIP: VALDOSTA SHOPPING Friday, July 19

8:45 a.m. - DH & 9:00 a.m. - LAP

Bus: \$8.00 members, \$14 non-members

The trip bus will be going to Valdosta to visit the mall and surrounding shopping centers on Friday, July 19. The bus will leave from DH at 8:45 a.m. and from LAP at 9:00 a.m. Lunch will be Dutch treat at a Valdosta restaurant. Bus fee: \$8.00 for ACV members and \$14 for non-members. Sign up at the IC.

DEPARTMENT NEWS

THE VILLAGE CHURCH

Rev. Sam Worley, Senior Minister
Church Office - 658-5344 - P.O. Box 4314

SERMON: "Under His Wings"

TEXT: Ruth 2:1-23 NIV '84

SPEAKER: Rev. Sam Worley

The next **Men's Fellowship Breakfast** will be on Saturday, July 13, at 8:30 a.m. in RDR. This will be a combined meeting with the women's group. The speaker will be Mr. Doug Mabey. All are welcome. Tickets may be purchased at the Lopin' Gopher.

The following VC events are happening this week:

Friday, June 28

10:00 a.m. — Bible Study, Donald Wrigley (VC Room 5)

Sunday, June 30

9:40 a.m. — Morning Worship (VC)

11:00 a.m. — VCBI: How Can I Accurately Interpret NT Books?, Tom Spannagle (OPR)



LUNCH & DINNER SPECIALS

Friday, June 28

Chicken Marsala with Penne alla Vodka and
Garlic Toast \$17.95

Saturday, June 29

Tender Pot Roast with Potatoes and Carrots
\$17.95

4:00 p.m. — WHFMS Council Meeting (VC Room 5)
5:00 p.m. — Youth Meeting at Lighthouse

Monday, July 1

1:30 p.m. — VCBI: 1 Corinthians 13-16, Donald Wrigley
(VC Room 5)

Tuesday, July 2

8:30 a.m. — Men's Bible Study (VC Room 5)

Wednesday, July 3

6:00 p.m. — Prayer Meeting (BC)

Thursday, July 4

Church Office Closed

Friday, July 5

10:00 a.m. — Bible Study, Tom Spannagle (VC Room 5)

Saturday, July 6

5:00 p.m. — Potluck and Patriotic Program (RDR)

VILLAGE CASHIER'S OFFICE

Lynn Mabey-386-658-5343

The Village Cashier's office will be closed Tuesday-Thursday, July 9-11.

MEMBER SERVICES

James Sutter-386-658-5400

Invitations to our Aug. 6 political forum have gone out, and we are already getting back in a trickle of responses. We have even heard that one of the presidential candidates is planning to attend! I'm hoping for a big turn-out both on the candidate side and the audience side.

If you haven't yet registered to vote after moving to ACV, you still have time to do that; the deadline to register before the upcoming primary is July 22. You can register to vote and request a mail ballot at suwanneevotes.com. New laws require those who prefer to vote by mail to re-register every year.

Member Services Tip of the Week

Remember to take precautions during the heat of the summer to stay well-hydrated and avoid prolonged sun exposure. It is important to drink lots of fluids. Soda, tea, and coffee should not be counted as helpful fluids because they can lead to dehydration.

Scam Tip of the Week:

Publishers Clearing House Imposter Scam

Unfortunately, there are a TON of scammers out there fraudulently posing as Publishers Clearing House (PCH), just eager to tell innocent folks like you and me that they have won a prize. But beware because these scammers are not from the REAL Publishers Clearing House. They are just trying to rob you of your hard-earned money.

- The Prize Patrol NEVER notifies major prize winners by phone.
- The Prize Patrol NEVER notifies major prize winners by Facebook. And they don't send friend requests either!
- PCH will NEVER ask you to pay a fee to claim ANY prize (and that includes buying a Green Dot Money Pak Card)!
- PCH does NOT use the phrase "US dollars".
- No one from PCH will contact you via a Gmail or Yahoo account.

Even though these are some of the BIGGEST telltale signs that someone is trying to scam you, there are always new techniques out there that scammers will use to get your money. So any time you have even the slightest feeling that you are being scammed, look for these red flag warning signs! (Source: Victoria C., PCH Creative)

ACV ACTIVITY NEWS

BRIDGE CLUB

Dottie Stone, Reporter

The Bridge Club meets on Wednesdays at 1:00 p.m. in the OPR. If you would like to play, please call me at (352) 316-5161 or Betsey Ruehl at 658-1766 by noon on Monday.

Congratulations to our June 19 winners: 1st high, Betsey Ruehl, and 2nd high, Cindy Hett.

BROOKS ARCHIVE
Millie Griswold, Reporter
You Gotta See It

During the summer, JKPL is decorated with a Safari theme. You really need to make a visit to enjoy the animals, artifacts, etc. For example, there's a display of Togo, Africa, costumes; a wall filled with tribal head-dresses; bows and arrows from Brazil; and a glass display case of African crafts. The conference room also has animals to greet you.

In the foyer, take a free magazine or brochure to enjoy at home, or purchase a book on gardening, home décor, or cooking. They are a bargain at 25¢-\$1.00.

In this hot weather, you'll be refreshed with a visit to the JKPL.

VILLAGE LIBRARY
Monday-Friday

10:00 a.m.-12:00 noon & 1:00-3:00 p.m.
Brenda Reas, Reporter

Overdue book cards are mounting up in our file. Please check your living space for any of our books that you may have misplaced or forgotten about, and either return them to the library during open hours or to the book drop after hours. You can also call the library at 658-5258 during open hours to renew books. Thank you.

We have an audiobook section, paperback rack, and many movies and TV series on DVD for check-out. Magazines can be borrowed without being checked out; just return them when you finish looking at them.

Please have your ACV ID badge available when you come to check out books and DVDs. We are located in the Schoolhouse Room between the OPR and IC. Our drop box is located around the corner across from the restrooms (beneath the bulletin board), and you may return books and DVDs there at any time.

PEN PAL PROGRAM

A Committee of the Membership Association
Monica Serlick, Reporter

Please remember that when school is out many of the youth go home for summer break and will not be writing, so do not write them any letters over the summer. I will be arranging another meeting of the pen pals for August, so stay tuned.

If you would like to be a pen pal please contact me at (386) 330-4865 and leave a message. I will call you back.

"Every child deserves a champion — an adult who understands the power of connection and insists that they become the best they can possibly be" (Rita Pierson).

STEPHEN MINISTRIES
Robin Copeland, Reporter

Time is running out if you want to be part of ACV's next class of Stephen Ministers, which will begin on Wednesday, Sept. 4. This is a wonderful opportunity for you to grow in faith, develop stronger relational skills, and bring Christ's love into the lives of hurting people. To be part of this class, you will need to pick up a copy of the Stephen Minister Application from MS. Fill it out and return it by July 15 to one of our Stephen Ministry Leaders: Michael Saunders or myself. We will then schedule a time you can meet with a couple of our Stephen Leaders to learn more about the training and so we can learn more about you. If you have any questions, talk with one of our Stephen Ministry Leaders.

NEIGHBORHOOD NEWS

BUTTERFIELD ACRES

Jack "CrackerJack" Dixon, Reporter

"Oh give thanks to the Lord for He is good: for His mercy endureth forever. Let the redeemed of the Lord

say so, whom He hath redeemed from the hand of the enemy: and gathered them out of the lands, from the east, and from the west, from the north and from the south" (Psalms 107:1-3). Just as our Lord led His people in the 107th chapter in Psalms, He is still in control and will protect us from the evil ones, if we only believe and obey.

Is it hot enough for ya yet? Please pace yourself if you are outdoors — drink plenty of fluids, and be ever so mindful of your pets; they need your protection also. It is so easy to get overheated with this kind of weather upon us so go with the old saying, "When you are hot, you're HOT." It is no time to be a "hottie". Be cool and drink a lot of water.

We have no new birthdays or anniversaries for this month. Next week I will announce the special days for the month of July.

Barbara and I visited Tallahassee on Saturday to attend the model railroad show. We joined four or five members from the Village. They took the trip bus to get there, and it seemed all of them had a good time. It was quite an eye opener for Barb and me as we had no idea what to expect and was just blown away at the many displays. There were all different gauges of rail roads represented. They also had quite a bit of supplies and different types and sizes of model trains that you could purchase. It was hard to imagine all this in one place. I think it is safe to say that in that arena of hobbies, a train guy can never have enough trains.

Yes, I have learned that "money can talk", but who can keep it long enough to start a conversation? When taking a long look at life, it shows me that "it matters not how long you live but how." A dollar goes a long way these days. You can carry it around for weeks before you can find anything to buy with it! A strong man isn't afraid of anything, but a man of strength shows courage in the midst of fear.

From the veranda of our humble abode, overlooking the ever-so-smooth and dust-free 102nd Trail in beautiful BA, remember: A strong man works out every day to keep his body in shape. But a man of strength kneels in prayer to keep his soul in shape. And never forget who is in charge. Isaiah 40:28-31. God bless!

CARTER HOUSE

Monica Serlick, Reporter

We have two birthdays coming up this week. Best wishes go out to Phyllis Mastro on July 3. "Count your life by smiles, not tears. Count your age by friends, not years. Happy birthday" (Shutterfly.com)!

Happy Independence Day birthday to Eileen Oswald on July 4. "What a glorious morning for our country" (Samuel Adams). "Not how long but how well you have lived is the main thing" (Seneca). "We live in a world that is lit by lightning. So much is changing and will change, but so much endures and transcends time" (Ronald Reagan).

This past Monday evening my friend, Phyllis Gladu, and I went out for dinner and to see the play *The Court Jester* at the Monticello Opera House. It was mostly a comedy with a few musical numbers that was originally a movie back in the '60s. We laughed so hard our sides hurt! This play included my grandson who played the part of the Master of Ceremonies or moderator. It was a great way to spend an evening if you like live theater. The tickets were not expensive.

Celebration wishes to my friends from Canada that live here; July 1 is Canada Day. Happy 156th birthday, Canada: a dominion formed and approved by the British Parliament, which became a new federation on July 1, 1867, by signing the Constitution Act. King Charles III is still the monarchy figurehead of the country, but he does not govern it.

Since you may not receive your next FNN before July 5, here are a few details about Independence Day. The 13 colonies of the USA claimed their independence from Great Britain on July 4, 1776, when the Second Continental Congress formally adopted the Declaration of Independence, even though the actual vote took place on July 2, 1776. It took two days to adjust the wording to meet everyone's approval. Fireworks have been used to celebrate Independence Day since July 4, 1777. During the early years of the Republic, Independence Day was also celebrated with parades, oratory,

bonfires and such. "It remains a potent symbol of national power and of specifically American qualities — even the freedom to stay home and barbecue" (Britannica.com). Happy 248th birthday, USA!

"The way I see it, if you want the rainbow, you gotta put up with the rain" (Dolly Parton). "If life were predictable it would cease to be life, and be without flavor" (Eleanor Roosevelt).

If you have any news you would like to share with others, please call and give me details. Please continue to keep all those who are ill, recovering or struggling in your thoughts and prayers.

Remember to be respectful of other residents and visitors. Please do not confront anyone if you think they are violating any of ACV's rules or policies. If you see anything that you believe is out of the ordinary or inappropriate, please contact the IC at 658-3333 and report it. They will ensure someone is sent to check things out. This is your home, IF YOU SEE SOMETHING, SAY SOMETHING!

DOWLING HOUSE

Patricia-Adele Lyons, Reporter

"May the peace of the Lord which transcends all understanding guard your hearts and your minds in Christ Jesus on this new day" (Philippians 4:7).

Michael Saunders, who works the front desk at DH, has a birthday on the 27th. Thank you for your service; the DH residents wish you a happy and blessed birthday.

Thank you to Sally Sauls for the nice mirror and wreath to decorate the 2nd floor. The beautiful floral picture you gifted to me is going up soon. This picture belonged to Sally's mom, and I am honored to receive it and display it for my neighbors to enjoy.

We had another great Gospel Sing on Saturday, with at least 30 people coming together to praise the Lord (that's a choir, folks)! We have outgrown the DH lobby space and will be checking on a larger space where we can continue to gather in fellowship. We will keep you posted. All residents of ACV are welcome, so come and meet your neighbors; after all, you will be spending eternity with most in heaven.

"For where two or three are gathered together in My name, I am there among them" (Matthew 18:20).

Even though there may be many, or only a few people gathered, God is still with us. This is His promise.

Have blessed weekend.

EDGEWOOD TERRACE

Cathy Oberg, Reporter

Happy birthday to Gary Kueppers today, June 28. May you be blessed with everything you need and some things you want!

As I write this article, Tuesday, June 25, I'm looking out the window watching life. My neighbors Bruce and Judy Forinash are waiting for the movers to come and pack up the last of their belongings for their move to their son's home in North Carolina. It's always hard to say goodbye to friends; they will be missed. But we wish them all the best in the next chapter of their journey of life. Blessings to you both.

ET's annual Patriotic Ice Cream Social is almost upon us. Saturday, July 6, is just around the corner. Come to Cleo's Meeting House, have some refreshing ice cream, and enjoy some wonderful neighborhood fellowship for an afternoon of relaxation. I only ask two things: show your patriotism by wearing your red, white and blue; and bring your own drinks. The fun starts at 2:00 p.m. MARK YOUR CALENDARS!

Are you looking for something to help while away the hot summer days? Check out Cleo's Meeting House for all types of activities. Mondays at 1:00 p.m. is Scrabble. Join us for a challenging game or two. Mondays at 6:00 p.m. is dominoes. Come catch a rousing game of Chicken Foot. If cards are your thing try Tuesdays at 1:00 p.m. for Hand and Foot. Wednesdays at 2:00 p.m. is bingo. Enjoy a relaxing afternoon and take your chances at winning delicious snacks. If you're looking for a volunteer project try the plarn group on Thursday mornings at 10:00 a.m. Now there is absolutely no reason to sit at home with the summer doldrums!

The Forinashes' movers have arrived, and time is marching on. Please remember to check on your neighbors, and if you go out don't forget your sunscreen and hat. The sun and heat are brutal and unforgiving.

GOOD SAMARITAN CENTER AND DACIER MANOR

Bruce, Arnold, Reporter

"As the deer pants for streams of water, so my soul pants for you, O God. My soul thirsts for God, for the living God. When can I go and meet with God" (Psalm 42:1-2)?

It seems the talk of the town lately has been this terribly hot and dry weather. Last week, I heard that it was even 96 degrees in Calais, Maine! When it gets so hot like this, we all long for a cool breeze or a nice, tall drink of iced tea ... or water ... anything wet!

A few weeks ago, Eldergrow brought an interesting plant, the Rose of Jericho. The Rose of Jericho looks like a dried up ball of brown leaves, yet when it is placed in a shallow dish with some water, it unfolds into a lush green plant, which covers the whole dish. Stop by the Magnolia Dining Room sometime, and you can see it there with our portable flower garden.

There are times in our spiritual lives when we feel dry — when it seems like God is far away — and we long to be spiritually refreshed. Psalm 42 begins with the cry of the psalmist as he was seeking refreshment in his own spiritual life. In Verse 2 the question is, "When can I go and meet with God?" Of course, we know the answer is any time! But doesn't it always seem that when we feel dry and discouraged by the enemy, the devil will try to make us feel like we don't want to meet with God? We don't want to pray, we don't want to go to church? It's at times like this we can pray like the psalmist did, "As the deer pants for streams of water, so my soul pants for you, O God."

We do have a promise we can find in James 4:8, which tells us we can draw near to God, and He will draw near to us! May it be our desire to draw near to God, to seek after His ways, and to find refreshment for our souls. Thank God we can always come to Him.

Last week was CNA week, and after a week of special treats and recognition of our CNAs, as promised, I will let you know the recipient of the CNA of the Year award. The CNA of the Year is Vikki Gamble. Vikki has been the Employee of the Month at GSC three times, and we are proud to have her as our CNA of the Year this year! Congratulations, Vikki!

Within the past few weeks, we have had many volunteers at GSC who come to help in so many ways with activities, visiting residents, and helping at the main entrance. Thank you to all our volunteers; we appreciate all you do.

Dick Grillo came by DM last week, on Thursday, and sang for us. We appreciate Dick coming and taking time to visit us.

GSC will have a memorial service on Wednesday, July 10, at 10:00 a.m. in the Magnolia Dining Room. We will remember and give thanks for the lives of Erlene Bryant, Martha Cheek, Patty Fourakres, Iris Turner, and Bonnie Barnett.

MEMBER BENEFITS

ACV offers a variety of programs and services to its members under the membership program. Members pay a monthly fee to provide supplemental support for this array of services and programs, meeting many of the varied needs of its members, as well as providing the opportunity to live his or her life to its fullest potential and highest level of independence. Some services you may not need today, you may well find important or essential in the future, and your financial participation makes it possible for your neighbor to have access to the services they need now.

This week's member benefit of note:

ACV's weekly newsletter, the *Friendly Neighbor News*, contains a section for the advertisement of items for sale, items that are wanted, items that have been lost, etc. Only ACV members and staff may submit to this

section. In general, all submissions to the FNN are restricted to ACV members and staff.

FOR YOUR INFORMATION

FROM BAGS TO BEDS

Bags! Bags! Everywhere, bags! I'm excited to report that the bags are pouring in. There was an abundance of bags at the IC to pick up, Eleanore Catarious dropped off some cut-up bags, and we had a large drop-off of pre-folded bags. Speaking of drop-offs, upon entering Cleo's Meeting House last week, I found more bags awaiting us. As you can see, many people come together to make the plarn ministry a success. Thank you, all, for your contribution towards this ministry.

Kay and I began the meeting, chatting as we worked to prepare bags for the weavers. Later, we were joined by two members that had prior commitments. Thank you for finding time in your busy schedule to help us.

Speaking of Kay, let me introduce her. Kay Schmook liked the appeal of permanent care at ACV, so she pulled up stakes in Sebastian, Florida, and is now residing in RW. Kay has been attending weekly meetings — folding bags — for about a month. Since Kay has just moved into ACV, she is still searching for things to do. Thank you for finding plarn, Kay.

We meet every Thursday at Cleo's Meeting House from 10:00 a.m. to 12:00 noon, but next Thursday is July 4, so we will not be meeting. Please make note of this; I would not like to see someone waiting outside Cleo's Meeting House in this heat. Be safe, and have a great holiday. See you again July 11.

Any questions or concerns, feel free to contact me at (904) 484-8796.

Linda Warner

WEST VIRGINIANS GET-TOGETHER

We are so excited to have heard from many of you about our West (Best) Virginia get-together on July 17. It looks like we have several West Virginians getting ready to eat hot dogs and sing "Country Roads".

Registration will begin at 11:30 a.m. on July 17 at the Harmony Center. Anyone and everyone with ties to our beautiful state is welcome. We will share stories, enjoy laughs, eat great food, hear and sing our songs, and just be together. Great West Virginia hot dogs with all the "fixin's" and paper products will be provided. Please bring your favorite side dish(es) and/or desserts and drinks.

On July 16 we will set up for this dinner. If you would like to help set up, please come to the Harmony Center at 6:00 p.m. Feel free to bring any West Virginia memorabilia you have to help us decorate.

If you have any questions please call David or Karen Hall at (304) 920-6873, Bob or Brenda Story at 658-1902, or Richard Russell at 658-1839.

FINANCIAL ADVISOR

Wendy B. Meyer, CFP®, BFA®, financial advisor with Pivotal Wealth Planning is at the Village on the third Wednesday of every other month (February, April, June, August, October and December) from 9:00 a.m. to 2:00 p.m. in the VS professional offices. Call (850) 973-8888 for more information or to schedule an appointment.

SQUARE CUTS AND MORE SALON

**Open Monday, Tuesday, Thursday
and most Fridays**

12:00 noon to 7:00 p.m.

Square Cuts and More Salon specializes in all your hair care needs. Call (386) 647-6240 for appointments. Kindly give 12-24 hours notice for cancellations or extra charges will apply. Walk-ins are welcome, but all great hair happens by appointment. I appreciate your business. Thank you, Amy Hancock.

LEGAL SERVICES

The law firm of Robinson, Kennon & Kendron, P.A. will see clients by appointment only from 9:00 a.m. to 12:00 noon on the following dates in the VS profession-

∞ At the Village Square ∞

Riverside Gifts

Come see our unique choices in gifts for family and friends. There are cards that express your feelings when you're not quite sure what to say, books to help friends through difficult times, and workbooks to list all the vital information needed in an emergency. There are comfort items such as microfiber cloths, Burt's Bees lemon butter cuticle cream and dragon fruit lemon moisturizing lip balm, and boot socks for our horsey folks. The refills for your tall round tissue holders have just arrived and priced at \$2.00!

An automatic card shuffler and American Contract Bridge League cards will provide hours of fun. If you must go outside, grab a new baseball cap or wide-brim hat and a sturdy yet light walking stick.

Always: Watch or clock repair and new battery installation here at a very reasonable price.

658-5771. Open Wednesday-Friday, 10:00 a.m.-4:00 p.m., and Saturday, 10:00 a.m.-2:00 p.m.

Rustic Shop

This shop specializes in handcrafted, vintage and collectible items. Our wood-crafted items include a handled serving box, and children's vintage-style toys. Come see the stunning handwoven baskets, homemade jar openers, and soaps.

Vintage items new to the shop include Blue Willow children's plates and saucers, cobalt blue medicine, milk of magnesia bottles, and green 7-Up bottles. Check out the original coffee grinder, and the small child's divided dish.

If jewelry-making is your hobby, you don't want to miss the 50¢ sale on copper wires, beads, metal necklaces, chains, kits, pendants and brooches, wooden beads, and leather strappings to delight the craftsperson!

Always: Watch or clock repair and new battery installation here at a very reasonable price.

Wanted: This shop is looking for a person to do clothing alterations. Please stop in for details.

658-5273. Open Wednesday-Friday, 10:00 a.m.-4:00 p.m., and Saturday, 10:00 a.m.-2:00 p.m.

Twice Nice Shop

Freestanding racks throughout the store display many beautiful items. One has delicate ring and necklace holders, sweet vases, and baskets. The purse rack has a great selection of purses. Another one displays necklaces that range from chunky to chains. Find of the Week: three extra-long shoehorns.

The women's shoe department keeps expanding. There are dress shoes, casual shoes, sandals, athletic shoes, and slippers. Men, check out the casual shirts, shorts, casual pants and socks.

Scrubs sell for \$3.00 each and come in a wide variety of colors, sizes, and lively patterns.

The Book Nooks BOGO sale continues for all fiction books. Choose from the great selection of jigsaw puzzles. Bibles, devotional, and printed music books are free.

658-5271. Open Wednesday-Saturday, 10:00 a.m.-2:00 p.m.

∞ On CR 250 ∞

Twice Nice Furniture & More

23353 CR 250 • 658-5871

Mondays and Thursdays, 8:30 a.m.-1:00 p.m.

Saturday July 6, 9:00 a.m.-2:00 p.m.

TNF&M will be closed Thursday, July 4, and open Saturday, July 6.

Larry's BIG day is June 29, so we are inviting you to drop by the shop on Thursday, June 27, or Monday, July 1, to wish him a happy birthday. No gifts please; cards are welcome. Please don't tell him you read it here, or I (his sister) may suffer for it! Acceptable comments are, "A little birdie told me," or "There are no secrets in the Village!"

al offices: June 28, Aug. 9 and 23, and Sept. 13 and 27. To make an appointment, please call Leigh Ann Cannon at (386) 755-1334, Ext. 117.

HAIR CROPPERS

Hair Croppers is open to serve you on both Thursday and Friday. Thursdays are a day to welcome new customers as well as walk-ins. The hours are 10:00 a.m.—4:00 p.m. You may call for an appointment if you like, or just stop by. We hope to see you soon.

Next week, we will be open on Tuesday, July 2, instead of Thursday and Friday, July 4 and 5. We will also welcome walk-ins on this date (July 2) in an effort to accommodate everyone before the holiday.

This summer we are featuring a new pedicure, "very berry". It's a five-in-one step system that was designed to pamper you! Included are a foot soak, callus softener, sugar scrub, mud mask, and tension-relieving foot massage. Costs \$45. (This pedicure is a seasonal pedicure and does not replace the basic and regular pedicures.)

Call or text Danielle at (386) 205-3791 or Brenda at (386) 249-1323 to schedule an appointment. Thank you for choosing Hair Croppers!

ACV QUESTIONS AND ANSWERS

Do you have a question about the Village you think others would also like to ask? Submit your question to MS, and we will do our best to find out the answer for you and publish it here.

Q: Who can use Cleo's Meeting House? It is just for ET?

A: Cleo's Meeting House is a community meeting space open to all ACV members. If you are interested in having a gathering there, call MS at 658-5400 to inquire about its availability.

THANK YOU

Thank you, ACV residents and staff, for the prayers, encouragement, gifts and cards that you have lovingly provided my family and me during the last four months. This is a unique community of believers in which my wife and I served the Lord for over 17 years, and in which I plan to continue serving Him. Lord willing.

Terry Klitzkie

The family of Erlene Bryant would like to thank everyone for their many acts of kindness and compassion at the time of her passing. Mom lived at ACV for 43 years and resided at GSC for the past five years. The GSC staff is amazing, and the attention they paid to her needs had a positive impact on the quality of her life.

We would especially like to thank pastors Bruce Arnold and Traci Nissley, and Steve Reas for making her service so meaningful. We appreciate friends and family who called, sent a card, attended her memorial service, or shared a word of encouragement. You all were a blessing to Erlene's family at this difficult time.

Bryant Family

MISCELLANEOUS

PLEASE NOTE: All submissions to the FNN must have a name attached. If you prefer to not have your name included with the listing in the FNN, indicate that on the submission. Ads may be dropped into the box near the IC, or emailed to fnn@acvillage.net. Only ACV members and staff may advertise here. Ads run for two weeks.

FOR SALE: Two lovely old fashioned oil lamps for sale. Perfect condition, little used. Good when there is no electricity. \$40 each. Call 386-658-3058.**

HOME FOR SALE: Attractive, clean, 2,000 square feet, three bedroom, two bath, doublewide home. Features an open split floor plan and sun room porch. \$210,000. Please call 765-576-0559.**

FOR SALE: 1996 E-Z-GO golf cart in good condition. Most everything has been replaced. Has enclosure. I

have all receipts. Asking \$1900 OBO. Please call Monica and leave a message at 386-330-4865.*

FOR SALE: A large (52X24) mahogany desk. Can be seen at Lawrence House, Apt. 102, or call 658-3119. Needs to be moved by Monday, July 1.*

FOR SALE: Twenty-six inch, 3-speed Schwinn Collegiate men's bicycle. Good condition. Needs new tires. Included: safety helmet, original seat air pump. \$200. Call 904-707-0137.*

NEW HOME NEEDED: I am a friendly cat with black fur and whiskers. I hope to sit on the lap of my new "pet person", while you read or watch TV. When not napping, I enjoy looking out a window for entertainment. For more details, 386-209-4875.*

FOR SALE: 2003 Club Car golf cart, 48-volt, nice top, mag wheels with new tires. Lifted 6". Good batteries. \$3500. "Lectric" adult electric tricycle. Foldable, ridden about 5 miles. It can be peddled, run on battery, or peddled with electric assistance. \$1000. E-Wheels scooter with lithium battery, headlight and taillights. \$750. Old Town Kayak, 12' Dirigo, \$100. Contact Wil at 407-620-8342.*

EGRETS AND HERONS

Recently, I have observed several egrets flitting from one lawn to another as I am walking. Snowy egrets nest in colonies on thick vegetation in isolated places, such as barrier islands, dredge-spoil islands, salt marsh islands, swamps, and marshes. They often change location from year to year. During the breeding season snowy egrets feed in estuaries, saltmarshes, tidal channels, shallow bays, and mangroves. They winter in mangroves, saltwater lagoons, freshwater swamps, grassy ponds, and temporary pools, and forage on beaches, shallow reefs, and wet fields.

Males establish nesting territories and choose nest sites within the thick vegetation of a breeding colony. The nest is usually in the top or outer branches of a woody vine, shrub, or tree. The male starts working on a nest before finding a mate. Then the female takes over and ends up doing most of the nest building, with materials supplied by the male.

Juvenile Little Blue Herons are white, similar to the egrets. The largest heron in North America, Great White, is very rare outside of central and southern Florida (and quite rare elsewhere in its range; confined to the Caribbean). Though they are regular throughout most of the southern half of the state, Florida Bay holds the majority of known Great White Herons, with about 850 breeding pairs. Very few are known to breed anywhere else in the world.

Given their apparently small population, Great Whites exhibit a rather strong tendency to stray, with vagrant records west to Texas, north to maritime Canada, and inland to the Great Lakes. Along with their large size, a most prominent feature is the very heavy and mostly yellow bill. Compared to the superficially similar Great Egret, the Great White is heavier overall and not as bright white, and the legs are dusky pale to grayish yellow.

The Great White prefers saltwater, inhabiting mangroves, tidal shallows, or coastal ponds. It is mostly solitary, usually moving slowly and deliberately. Snowy egret populations were stable from 1966 to 2019, according to the North American Breeding Bird Survey. Partners in Flight estimates the global breeding population at 2.1 million and rates them 7 out of 20 on the Continental Concern Score, indicating a species of low conservation concern.

Submitted by Betsey Ruehl

"Kind hearts are the gardens, Kind thoughts are the roots, Kind words are the flowers, Kind deeds are the fruits, Take care of your garden And keep out the weeds, Fill it with sunshine, Kind words, and Kind deeds." — Henry Wadsworth Longfellow

July 2024

PLEASE KEEP THIS PAGE FOR THE MONTH OF JULY;
IT WILL APPEAR THIS WEEK ONLY.

NELDA HATCHER, REALTOR®
POOLE REALTY, INC.
neldamhatcher@hotmail.com • 688-8067

Lot 11 W. Wildwood Cir.: \$20,000; .214 acres;
85' (frontage) by 110', wooded. MLS 120450.

Birthdays

1. Beth Noel, Glenda Hamby, Joyce Arrington*; 2. Betty Ulitsch, Lynda Fisher;
3. Linda Warner, Phyllis Mastro; 4. Eileen Oswald;
5. Arlene Williamson*, Diane Livingston, Glenn Gavell* ; 6. Grace Hardy*;
7. Annabelle Ray; 8. Barbara Leone, Donna Carbaugh; 9. Susan Teijeiro*;
10. Kathy Bochow, Ron Capallia, Sylvia Fraser*; 11. Judy Place, Ruth Zehren*;
12. John LaGeorge, Martha Durrell; 13. Dwight Bridges*, Eva Harden* ;
14. Brian Pahl, Don Mott, Sybil Gillette, Louvenia Wyche*; 16. Paul Cook;
17. Michele McPherson*, Bertha Pazel*; 18. Kathy Sherrill;
19. Robbie Robertson; 20. Doug Nichols, Luba Kurnosova, Nancy Seale;
21. Albert Zoellner; 23. Amanda Davis; 25. Lynn Richmond;
26. AliceRumbaugh; 27. Liz Reynolds, Louis Leone, Roland Spooner*;
28. Dennis Harrington, Laura Minchew; 30. Marie Brown, Patricia Powell*;
31. George Waterman.

Anniversaries

1. Jackie & Ray Campbell;
2. Albert & Martha Durrell, Blanche & Normand Benoit;
4. Connie & Jeff McFadden; 7. Carmeta & Earl Clement,
Frank & June Hreha; 12. Jackie & William Futch;
14. Diana & Gary Spitz; 19. Crosby & Judy Hatch;
22. Beth & Donald Noel;
29. Betsey & Gary Ruehl.

*Denotes GSC resident. Send cards to P.O. Box 4325.

FNN purpose: The *Friendly Neighbor News* (FNN) is published and distributed weekly by the Member Services office with the aid of volunteers. As an official publication of the membership of Advent Christian Village at Dowling Park, Florida (ACV, www.acvillage.net), its purpose is to inform the ACV community (members, staff and friends) of events, news, and services. The FNN, funded by membership fees, is delivered (without charge) to on-campus residences and facilities and to residences in the satellite communities of Dowling Manor, Dowling Park North, and Butterfield Acres. Additional copies are distributed to several Village Square locations and to the Information Center for visitors. **FNN ad policy:** ACV members and employees (only) may advertise in the FNN. For ad information, call Member Services at (386) 658-5400. All member and staff ads will be strictly limited to a maximum of eight lines and will be run for two weeks. The ad submission must include the person listing the ad (but does not need to be published). Deadline for submissions is Tuesday by noon of the week for publication unless otherwise publicized and may be sent by email to fnn@acvillage.net, dropped off in the FNN box near the IC, or delivered to Member Services. **Volunteer editorial staff:** Paul Cook, Verna Piper, and Liz Reynolds. **Electronic distribution:** If you would like to receive the FNN electronically through email, contact Member Services at (386) 658-5400 or fnn@acvillage.net.

PRICES EFFECTIVE 6/28-7/3



THE VILLAGE GROCER

Monday-Saturday • 9:00 am-6:00 pm • We deliver at 2:00 pm every day!* 658-3130
The Grocer Will Be Closed July 4 To Celebrate Our Independence Day!

GROCERY

Showboat Pork & Beans	15 oz.	\$ 1.19
Sweet Baby Rays BBQ Sauce	18 oz.	\$ 2.99
IGA Big Roll Paper Towels	2 for	\$ 3.00
Alaska Pink Salmon	14.75 oz.	\$ 3.99
Mt. Olive Hamburger Dill Chips	16 oz.	\$ 4.49
V-8 Low Sodium Tomato Juice	46 oz.	\$ 4.79
Zephyrhills Spring Water	.5 lt.	\$ 5.99
Coca-Cola Products, all varieties	12 pack	\$ 5.99

DAIRY

Dutch Farms American Cheese	12 oz.	\$ 2.89
Milo Sweet or No Calorie Tea	gallon	\$ 3.49

PRODUCE

Fresh Green Cabbage	per lb.	\$.69
Vidalia Sweet Onions	per lb.	\$ 1.09

FROZEN

Kemps All American Pops	12 pack	\$ 2.99
Crav'n Crinkle Cut French Fries	32 oz.	\$ 3.99

MEAT

Sunnyland Jumbo Franks	per lb.	\$ 1.49
Baby Back Pork Ribs	per lb.	\$ 3.59
Aberdeen Farms Sliced Bacon	12 oz.	\$ 3.99
81% Lean Ground Beef	per lb.	\$ 4.69
Seabest 41/50 Peeled Shrimp	12 oz.	\$ 4.99
Boneless Beef Shoulder Roast	per lb.	\$ 5.49
Reese's Potato Salad	48 oz.	\$ 5.99
Flanders Beef Patties	32 oz.	\$ 5.99
Boneless Ribeye Steaks	per lb.	\$14.50

CHEESE OF THE WEEK

Pepper Jack Cheese — \$6.39 per lb.

DON'T FORGET TO ORDER YOUR ROTISSERIE CHICKEN

Full chicken \$9.99, Half chicken \$5.99

** Call 658-3130. Order by 11:00 a.m. for 2:00 p.m. pick-up! **

*** The Grill Team will be at the VS on Saturday, June 29 (Not first Saturday of July), 8:00 a.m.-1:00 p.m. or until sold out. Place your order now. ***

This Week's Verse:

Be beautiful inside, in your hearts, with the lasting charm of a gentle
and quiet spirit which is so precious to God. I Peter 3:4

*Delivery available to on-campus ACV members only

June 28–July 5, 2024

FRIDAY, 6/28

- \$2.53 Soup:** Lobster Bisque
\$6.44 Entrées: GF Baked Fish, GF Garlic Butter Shrimp, Roast Beef, Fried Chicken
\$1.21 Sides: Mixed Greens, Honey Glazed Carrots, Baked Beans, Cold Salads, Fruit, Cheese Grits, Mashed Potatoes with Gravy
\$2.76 Desserts: Assorted Regular and NSA Desserts

SATURDAY, 6/29

- \$2.53 Soup of the Day**
\$7.59 Whistle Stop Special: Grilled Cheese Sandwich, Tomato Bisque Soup, Peaches, Assorted Desserts, Fountain Drink

SUNDAY, 6/30

Lunch Buffet

Members \$12.63 | Non-Members \$17.81 | Beverage Included

- Entrées:** GF Beef Pot Roast, Chicken Cordon Bleu, Fried Chicken
Sides: Green Beans; Zucchini, Squash and Tomato Medley; Side Salad; Fruit; Macaroni and Cheese; Mashed Potatoes with Gravy
Desserts: Assorted Regular and NSA Desserts

MONDAY, 7/1

- \$2.53 Soup:** Soup of the Day
\$6.44 Entrées: Liver and Onions, Stuffed Peppers Italiano
\$1.21 Sides: California Vegetable Medley, Cold Salads, Fresh Fruit, Fried Okra, Rice with Gravy
\$2.76 Desserts: Assorted Regular and NSA Desserts

TUESDAY, 7/2

- \$7.70 Special:** Salad Bar
\$6.44 Entrées: Country Fried Steak with White Gravy, Sloppy Joes on a Bun
\$1.21 Sides: Peas and Carrots, Cream Corn, Cold Salads, Fruit, Onion Rings, Tater Tots
\$2.76 Desserts: Assorted Regular and NSA Desserts

NOTE: Prices listed are the retail cost per item. ACV members who present their ID badge at the cash register will receive a 10% discount. Menu is subject to change. Individual beverage cost: \$1.30.

GF=Gluten-Free NSA=No Sugar Added

Rumph Dining Room Midday Dining Menu

June 28–July 5, 2024

WEDNESDAY, 7/3

- \$2.53 Soup:** Soup of the Day
\$6.44 Entrées: Shepherd's Pie, Fried Chicken
\$1.21 Sides: Cabbage, Prince Edward Vegetable Blend, Cold Salads, Fruit, Mashed Potatoes with Gravy
\$2.76 Desserts: Assorted Regular and NSA Desserts

THURSDAY, 7/4

- \$6.44 Entrées:** St. Louis Pork Loin Ribs, Cheeseburger
\$1.21 Sides: Chuck Wagon Corn, Baked Beans, Cold Salads, Fruit, Fried Apples, Macaroni and Cheese, Tater Tots
\$2.76 Desserts: Assorted Regular and NSA Desserts

FRIDAY, 7/5

- \$2.53 Soup:** Clam Chowder
\$6.44 Entrées: GF Baked Fish, GF Garlic Butter Shrimp, Stuffed Cabbage, Fried Catfish
\$1.21 Sides: Mixed Greens, Honey Glazed Carrots, Cold Salads, Fruit, Cheese Grits, Mashed Potatoes with Gravy
\$2.76 Desserts: Assorted Regular and NSA Desserts



RUMPH DINING RM. \$8.85 WEEKDAY VALUE PLATE

Includes 1 entrée, 2 sides, bread,
and a fountain drink.
For premium entrée, add \$2.30.



RIVER LANDING BISTRO LUNCH & DINNER SPECIALS

Friday, June 28

Chicken Marsala with Penne alla Vodka and Garlic Toast
\$17.95

Saturday, June 29

Tender Pot Roast with Potatoes and Carrots \$17.95



658-5259

Mon–Fri: 11 am–1 pm
Sat. & Sun: 11 am–1:30 pm



658-5259

Sun: 7:30–10 am | 3:30–7 pm
Mon–Fri: 7:30–10 am | 2:30–7 pm
Sat: 7:30–10:00 am | 3–7 pm



658-5777

Wed–Thurs: 11 am–2 pm
Fri–Sat: 8–10:30 am | 11 am–8 pm

WATER ACTIVITIES

AQUATONE: Aquatone is a water therapy class for people suffering from the pain of arthritis. This class uses a protocol from the Arthritis Foundation. If you experience pain associated with arthritis, or you are new to aquatic exercise, this is a great class to join.

JACUZZI: Water temperature ranges from 100–110 degrees. Please limit time to 15 minutes per session. No children 5 and under. Please observe posted rules.

LAP SWIMMING: Lap swimming is excellent exercise for toning and strengthening the entire body. It is also great for the most important muscle in your body...your heart! Lap swimmers have priority during designated times. Please check the reverse side for lap swim times. **88 pool lengths = 1 mile**

WATER AEROBICS: This class is designed to increase your heart rate in order to strengthen your cardiovascular system. This class also includes stretching and muscle strengthening exercises. Water volleyball is played from 8:45–9:30 a.m. between the morning classes.

WATER VOLLEYBALL: This group plays every Tuesday and Thursday at 3:00 p.m.

Copeland membership required. You do not need to join a team; just come! **If you are 18 or older**, come join us! We need all the help we can get!

WEIGHT ROOM

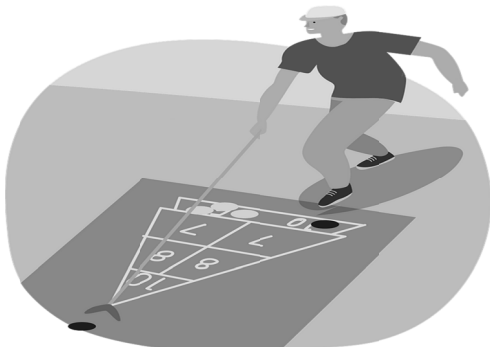
FITNESS BASICS: Copeland Center staff is available to assist members with the machines in the exercise room. If you are interested, please call the CCC at 658–5555.

WALKING

1¼ LOOP: Start at Copeland–end at Copeland. This great beginner's trail is well marked for you.

Shuffleboard

Shuffleboard is a game played by pushing disk with a long handled que over a marked court. The Copeland Community Center has a great shuffleboard court available for you to use any time we are open! Come on in to the front desk and ask us about it!



Monday & Friday

8:00–11:00 a.m. played at the Court located by the Wood Working Shop. Inclimate weather

(cold, windy, or rainy) this team plays indoor at the Camp Suwannee Pavilion. **Wednesday**

8:00–11:00 a.m.

The members of the pickleball team travel into Live Oak and play at the coleseum. With any questions please contact Cindy Hett 658–2683 or the Copeland Community Center.

Pickleball is a racquet sport for all age groups and levels. It combines elements of badminton, tennis, and table tennis. Come out and watch or join in the fun!

EXERCISE

EXERCISE on TV2:

Exercises are done seated or standing by a chair for support on TV2. If you are just beginning an exercise program, this is a great class to try!

TABLE TENNIS at MPR/CCC:

Table Tennis helps you build strength, coordination, and sharpens your brain without risking serious injury. It is a fun and easy way to burn calories and enjoy social time.

Come join in the fun every Tuesday at the MPR in the CCC.

Stretching

*with Joyce Berra
on DVD*



Tuesdays & Thursdays 8:30–9:30 a.m.
in the CCC Multi-purpose room

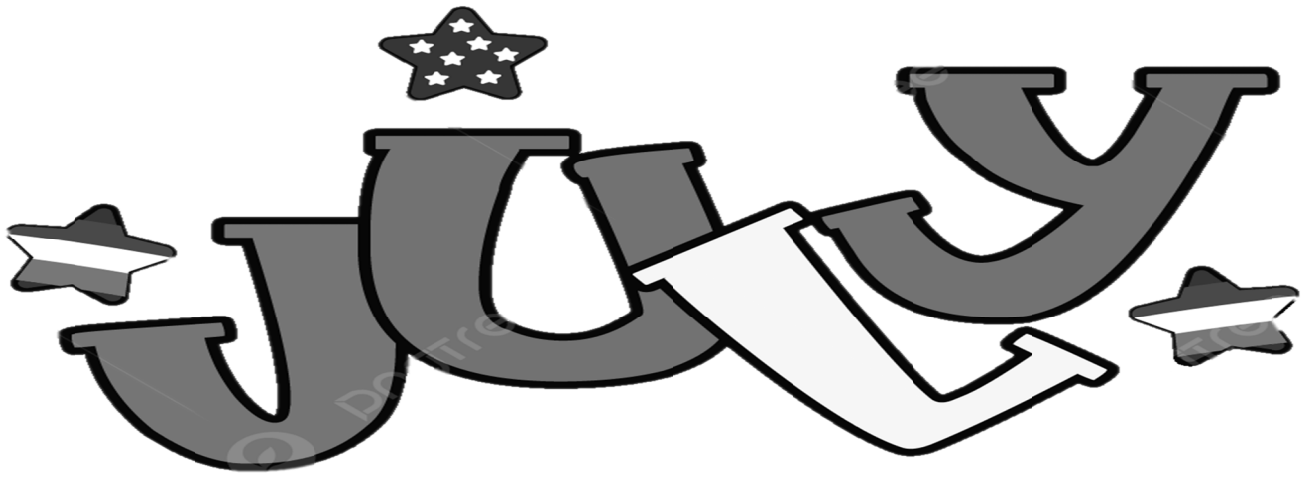
**Stretch and strengthen your body;
release tension; ease your mind!**

*This is a gentle class that focuses on posture,
Breathing and Relaxation.*

Ping Pong

Did you know that the CCC has a ping pong table that is available to use. It is located in our multipurpose room! Bring a friend and come on over and play!





Copeland Community Center (386) 658-5555
Monday-Friday 6:00 a.m.-5:00 p.m. & Saturday 9:00a.m.-Noon

ACV Health & Fitness Activities

Days	Activity	Location	Time	Group Leader
M-F	Lap Swimming	Copeland Pool	6:00-8:00 a.m.	
MWF	Walking and Step Class with Donna	MPR/CCC	8:30-9:15 a.m.	<i>VIDEO</i>
MWF	Water Aerobics	Copeland Pool	9:30-10:00 a.m.	Emma Harmon
MWF	Aquatone for Arthritis	Copeland Pool	10:05-10:55 a.m.	Emma Harmon
MF	Pickle Ball	Court on Aquila Circle	9:00-11:00 a.m.	See back for more information!
T TH	Stretching with Joyce Berra	MPR/CCC	8:30-9:30 a.m.	<i>VIDEO</i>
MWF	Open Swim	Copeland Pool	11:00 a.m.- 5:00 p.m.	
T TH	Water Volleyball	Copeland Pool	3:00-5:00 p.m.	
T TH	Open Swim	Copeland Pool	8:00 a.m.-2:30 p.m.	
M-F	CCC Shuffleboard!!	Copeland Courts	Inquire at CCC front desk for equipment.	
M-F	CCC Tennis Courts	Call 658-5555 to schedule a game.		
M-F	Bocce Ball Court	Call 658-5555 with questions on how to use!		
SAT	OPEN FACILITIES	POOL, COURTS, WEIGHT ROOM 9:00 a.m.-12 Noon		

POOL CLASS U P D A T E !

There will be no class instructor for water aerobics and arthritis aquatone classes for the following dates: July 15, 17 and 19.

CCC WILL BE CLOSED THURSDAY, JULY 4